

Better Streets Program in Visitacion Valley

Mayor Unveils Second Phase of Clean and Green



Marshall Foster, San Francisco's new Director of City Greening, outlined details of upcoming improvements along Leland Avenue through the Better Streets Program on Aug. 11 at Hans Schiller Plaza following Mayor Gavin Newsom's introduction.

Delivering on his commitment to make real, immediate and sustainable improvements to enhance and preserve quality of life in San Francisco, Mayor Gavin Newsom on Aug. 11 unveiled Phase II of the City's Clean and Green Initiative: the Better Streets Program in Visitacion Valley at Hans Schiller Plaza on Leland Avenue.

Mayor Newsom also took this opportunity to announce the establishment of an Interdepartmental Working Group and Green Vision Council to carry out his goal of aligning the City's development with a set of sustainable building practices.

The City's efforts will be led by

Marshall Foster, a planner in the San Francisco Planning Department. Foster will be San Francisco's first Director of City Greening, who will work with the Interdepartmental Working Group and Green Vision Council to develop the City's Green Master Plan.

"The quality of streets is a concern everywhere in San Francisco," said Mayor Newsom. "This second phase gives us a key opportunity to focus on the design of our streets. I am confident that with the leadership of Marshall Foster, we will develop a framework of initiatives that will build the vision of greening our city over time."

The pilot program will be implemented in four areas of the City,

including: Leland Avenue (between Bayshore Boulevard and Rutland Street); Mission Street (between Division and 11th Streets); South Van Ness Avenue and Mission Street (between Market and Howard Streets); and an area surrounding the Glen Park BART Station.

The Better Streets Program includes four major initiatives that seek to better balance all the functions of a street and make them a truly public realm, putting people and the environment first.

"Street Beautification: The City has identified more than \$20 million to make immediate streetscaping improvements to key streets throughout San Francisco." *See Page 6*

City Initiative Creates Innovative Approach to Community Policing

Recognizing the need for a comprehensive anti-violence strategy in the city, Mayor Gavin Newsom and community leaders on Aug. 5 unveiled CitySafe, a new approach to crime and violence reduction that coordinates the city's resources and focuses them on five broad areas: youth services, job creation, community development, criminal justice and safer streets.

As part of CitySafe, the Mayor and Police Chief Heather Fong unveiled Community Connect, SFPD's new and innovative approach to community policing, as part of their efforts to make San Francisco's streets safer.

Community Connect designates two police lieutenants in each station as responsible for community-based policing strategies and connects them with 10 new community organizers who will have access to the full array of city and community services.

"Crime has many root causes and we know that law enforcement alone cannot reduce violence in San Francisco. Crime and violence in our neighborhoods is a multi-dimensional problem and with CitySafe we've put together a multi-dimensional solution," said Mayor Newsom. "We are coordinating everything from job training to education opportunities to street light improvements in our fight to make this one of the safest cities in America."

"The police officers of San Fran-

cisco are some of our city's greatest assets. Combining them with the tools included in CitySafe will build trust and help reduce crime by stopping it before it occurs," said Police Chief Heather Fong. "Community Connect will enable our officers to get close to the people they serve and make them partners in our efforts to make the streets safer."

Anchored by Community Connect, CitySafe provides a roadmap of the City's comprehensive effort to mitigate the impact of violent crime while addressing its root causes.

The CitySafe initiative brings together the programs begun or strengthened under the Newsom Administration to reduce violent crime and create opportunity.

The Mayor's Office will convene regular CitySafe meetings to provide coordination among all the departments involved in the new anti-violence strategy.

CitySafe creates a menu of options for the new community-based officers, community coordinators and city officials to use in their efforts to reduce crime. Examples include:

Safer Streets

"Community Connect: new Community Policing strategy unveiled Aug. 5.

"Community Safety Cameras: A new initiative announced last week, there are now two safety cameras installed in Western Addition on a pilot basis. *See Page 10*

VVMS Hits New Heights in Test Results

For the fifth straight year, Visitacion Valley Middle School (VVMS) continued to improve its English/Language Arts and Mathematics state test scores. Test results taken last year by the 6th, 7th and 8th grade VVMS students were received by the school district and show very large gains.

In fact, VVMS students made the largest gains of any middle school in San Francisco, scoring a 23 percent gain in language arts and a 12 percent gain in mathematics. Eighth grade Algebra scores also increased in 2005 over the past year. VVMS also maintained a 98 percent daily student body attendance record for 2004-05.

In a graduating class of 154 students following the 2004-2005 academic year, more than half were sent to various west side high

schools, with 26 accepted at Lowell High School and several winning scholarships to private high schools in the City.

Principal James Dierke credits VVMS staff and community partners for making a difference in student achievement this past year.

"We have a dedicated staff, great partnerships with the community and students who understand the need to have a good strong foundation in learning in order to reach their goals," he said. "Visitacion Valley Middle School is one big family where everyone comes together to solve problems, promote peace and make education happen."

In athletics, an 87-member VVMS Track team took third place in the spring All-City Track Meet, a first for the school in its 32-year history.

Bayview Station Police Captain Bruce Retires

After 28 years of service to the City and County of San Francisco, Captain Rick Bruce, commanding officer of the Bayview Police Station and former Captain at Ingleside Police Station retired on Aug. 20.

"I believe that working together, we have made this a better place to live, work and raise a family," said Captain Bruce, who praised support given the police department by the local community.

City to Share in HUD Award to Provide Permanent Housing for Homeless

HUD recently awarded San Francisco nearly \$1 Million, strengthening Mayor Newsom's pledge to ending chronic homelessness in the City.

San Francisco was named as part of a dozen pilot programs in 11 cities around the country to receive two-year grants through HUD's new Housing for People Who Are Homeless and Addicted To Alcohol program. This is a special initiative designed to assist homeless persons who also struggle with

chronic alcoholism. "This is great news for the City of San Francisco and the many homeless individuals who are in need of permanent housing and support services to address their addiction to alcohol," said Mayor Newsom. "This award from HUD confirms what the City's Housing First model is meant to effectuate. These funds mean getting more people off the streets, into housing, and providing them with the necessary wrap-around services." San Francisco's share in the \$10 million award from HUD amounts to \$988,458. With funding from this award, the San Francisco Department of Public Health (SFPDH) proposes to expand the Direct Access to Housing (DAH) program to provide 62 new permanent supportive housing units for people living with homelessness and alcoholism.

At present, the DAH program houses over 600 formerly chronically homeless individuals in ten buildings. *See Page 7*

Victorious in the Valley Both On and Off the Court



Congratulations to the 2005 spring and summer Visitacion Valley Violence Prevention Youth Leadership basketball champs.

Muni Fares Going Up in September

Muni fares will be higher beginning Sept. 1. Adult fares will be up a quarter to \$1.50 while fares for Seniors (65 and older), Youth (ages 5-17) and Disabled will be 50 cents. Although the price of a regular Fast Pass will remain at \$45, the weekly pass will now be \$15. Cable cars will now charge \$5 a ride.

Grapevine Mailbox

Marbles on Saturday

The older I get, the more I enjoy Saturday mornings.

Perhaps it's the quiet solitude that comes with being the first to rise, or maybe it's the unbounded joy of not having to be at work. Either way, the first few hours of a Saturday morning are most enjoyable.

A few weeks ago, I was shuffling toward the basement ham-shack with a steaming cup of coffee in one hand and the morning paper in the other. What began as a typical Saturday morning turned into one of those lessons that life seems to hand you from time to time. Let me tell you about it:

I turned the dial up into the phone portion of the band on my ham radio in order to listen to a Saturday morning swap net. Along the way, I came across an older sounding chap, with a tremendous signal and a golden voice. You know the kind; he sounded like he should be in the broadcasting business. He was telling whomever he was talking with something about "a thousand marbles." I was intrigued and stopped to listen to what he had to say.

"Well, Tom, it sure sounds like you're busy with your job. I'm sure they pay you well but it's a shame you have to be away from home and your family so much. Hard to believe a young fellow should have to work 60 or 70 hours a week to make ends meet. It's too bad you missed your daughter's dance recital," he continued. "Let me tell you something that has helped me keep my own priorities."

And that's when he began to explain his theory of a thousand marbles.

"You see, I sat down one day and did a little arithmetic. The average person lives about 75 years. I know, some live more and some live less, but on average, folks live about 75 years.

"Now then, I multiplied 75 times 52 and I came up with 3900, which is the number of Saturdays that the average person has in their entire lifetime. Now, stick with me, Tom, I'm getting to the important part. It took me until I was 55 years old to think about all this in any detail," he went on, "and by that time I had lived through over twenty-eight hundred Saturdays.

"I got to thinking that if I lived to be 75, I only had about a thousand of them left to enjoy. So I went to a toy store and bought every single marble they had. I ended up having to visit three toy stores to round up 1,000 marbles. I took them home and put them inside a large, clear plastic container right here in the shack next to my gear."

Every Saturday since then, I have taken one marble out and thrown it away. I found that by watching the marbles diminish, I focused more on the really important things in life. There is nothing like watching your time here on this earth run out to help get your priorities straight.

"Now let me tell you one last thing before I sign-off with you and take my lovely wife out for breakfast.

This morning, I took the very last marble out of the container. I figure that if I make it until next Saturday then I have been given a little extra time. And the one thing we can all use is a little more time.

"You could have heard a pin drop

on the band when this fellow signed off. I guess he gave us all a lot to think about. I had planned to work on the antenna that morning, and then I was going to meet up with a few hams to work on the next club newsletter.

Instead, I went upstairs and woke my wife up with a kiss. "C'mon honey, I'm taking you and the kids to breakfast."

"What brought this on?" she asked with a smile.

"Oh, nothing special, it's just been a long time since we spent a Saturday together with the kids. And hey, can we stop at a toy store while we're out? I need to buy some marbles..."

Gun Case Dispositions

In an Aug. 17 email to community members, Captain Rick Bruce, recently retired from Bayview Station presented a report on gun arrest cases. Following is an excerpt of Captain Bruce's report and a response by District Attorney Kamala Harris:

I mentioned back in March that we were going to begin tracking our gun arrest cases in an effort to find out why so many armed gang members seem to be on the streets of the Bayview, even though our officers are arresting them on a constant basis. We have almost six months' worth of data, and it was a bit shocking when we first started to take a look at it. Although the cases of most of the individuals arrested for gun charges in the past six months have not yet been settled, 17 cases have been, and these are the results:

*A man booked for a stolen, loaded and concealed handgun pled guilty to a misdemeanor and was given 3 years probation and 3 days in the County Jail.

*A man booked for a loaded and concealed handgun was given misdemeanor probation.

*A man booked for a loaded and concealed handgun pled guilty to a felony and was given 90 days in the County Jail.

*A man booked for possession of an assault rifle pled guilty to a misdemeanor and was given 3 years probation and 90 days in the County Jail.

*A man booked for possession of a concealed handgun and drugs had the gun charge dismissed and the drug charge prosecuted.

*A man booked for aggravated assault with a firearm had the case dismissed.

*A man booked for possession of an assault rifle had the case dismissed.

*A man booked for possession of a concealed handgun with obliterated serial numbers pled guilty to a misdemeanor and was given 3 years probation and 90 days in the County Jail.

*A man booked for possession of a

loaded and concealed handgun pled guilty to a misdemeanor and was given three years probation and 2 days in the County Jail.

*A man booked for possession of a loaded and concealed handgun pled guilty to a felony and was given 83 days in the County Jail.

*A man booked for possession of a loaded and concealed handgun had the case dismissed.

*A man booked for possession of a stolen, concealed, and loaded handgun pled guilty to a misdemeanor and was given 90 days in the County Jail.

*A man booked for possession of a firearm by a felon pled guilty to a misdemeanor and was given 37 days in the County Jail.

*A man booked for possession of a firearm by a felon pled guilty to a felony and was given 6 months in the County Jail.

*A man booked for possession of a firearm by a felon pled guilty to a misdemeanor and was given 37 days in the County Jail.

*A man booked for possession of a firearm with obliterated serial numbers had the case dismissed.

*A man booked for possession of a firearm by a felon had the case dismissed.

The District Attorney's Response:

I receive Captain Bruce's daily emails and appreciate the work he does to keep the community informed. His update from August 17th included information about gun arrest cases. The positive thing about this list is that the cases highlighted show that we are getting more convictions that have resulted in longer sentences with more stringent conditions of probation upon release. The list also shows there is still, obviously, room for improvement.

The reduction of violent crime in San Francisco is our #1 priority. We have committed to getting guns, and the criminals who carry them, off the streets. Stopping gun crime is essential for public safety and officer safety. That is why one year ago we instituted tough new charging standards for all Assistant District Attorneys and created a gun specialist team to ensure focused gun crime prosecution. I make no excuses for the cases where my office should have performed better, and rest assured, we will continue our work with victims, officers and the courts to ensure that those arrested carrying guns in San Francisco face tough consequences.

There have been positive changes since our gun policy has been instituted.

Before the policy, on average, offenders were spending 10 days or less in custody for illegal firearm possession. I think anyone would agree that is far too little time. A look at Captain Bruce's list shows the average length of sentences is grow-

ing. The improvement is encouraging but it is not enough. We will continue our work and efforts with the courts to secure longer minimum sentences for illegal possession of handguns. Our successful work to increase the bail amounts for possession of guns and assault weapons is also sending a message that guns will not be tolerated.

Having said that, citizens may see individuals arrested for serious crimes back out on the street. There are a number of reasons for this - some of them have posted bail and await trial. In other cases, the courts may have dismissed or reduced the charges or accepted a plea despite our objection.

Sometimes we are forced to dismiss cases because witnesses are afraid to come forward or because the circumstances surrounding the arrest require further investigation. Nonetheless, in cooperation with SFPD, we will continue our efforts to build trust and ensure witnesses know that if they come forward with information, they will be protected. My sincere hope is that as we continue strengthening the ties of trust with the community the number of cases where people have

to worry about their safety will diminish.

I would also like to take this opportunity to commend Captain Rick Bruce on his service to the people of this City. He has been a dedicated public servant and served the people of the Bayview well. I wish he, and his family, all the best in the future. Sincerely,

Kamala D. Harris, District Attorney

Youth Council Meetings

Hello: This is Courtney Ball, and I am the president of the Visitacion Valley Youth Council. I, on behalf of the Youth Council, want to also say thank you and introduce the council to you all.

First and foremost, I want to thank all of you for being part of the collaborative, and putting forth genuine effort to make Visitacion Valley a safer place.

The Youth Council has created a website (www.geocities.com/vv-youthcouncil) and there you can find a lot of information about us.

We meet about twice a month, and our next meeting is Tuesday Sept. 6 at 5 p.m. in the Visitacion Valley Community Beacon on 450 Raymond Ave.

Legislation Introduced by Supervisor Maxwell

Following is recent legislation introduced by Supervisor Sophie Maxwell's office:

*Ordinance to create a Foster Care Improvement Task Force to identify ways in which the city can better assist with foster youth's transition and provide

the support they need to grow into independent, productive adults.

*Hearing before the Land Use Committee on the City's affordable housing goals, as well as the policies and programs needed to achieve those goals.

Composting and Gardening Classes in September

Following are Saturday classes that are held from 10 a.m. to 12 noon at the Garden for the Environment, 7th Avenue at Lawton Street.

Call (415) 731-5627 to pre-register or for more information.

*Sept. 10: *Urban Composting*: Turn your kitchen scraps into a

rich soil amendment for your plants. Free!

*Sept. 24: *Container Gardening*: Ideal for the urban gardener, learn what plants do best in containers. You'll be amazed at the beauty and bounty you can get from container gardening. \$15. Pre-registration required.

VISITACION VALLEY DENTAL OFFICE

Albert Kuan, D.D.S.



10 Percent Senior Discount

37 Leland Avenue
San Francisco, CA 94134

Monday thru Friday: 9 a.m. to 5 p.m.
Closed on Thursday

Phone 239-5500
for an appointment

Cantonese Spoken

Visitacion Valley Community Center Senior Program

Funded by S.F. Department of Aging & Adult Services

Open 365 Days a Year
Lunch Served Every Day

Senior Bingo - Holiday Crafts
Senior Council - Day Outings
Exercise - Gambling Trips
Ceramics - Potlucks
Mahjong - Blood Pressure
Birthday Parties
Holiday Celebrations

66 Raymond Avenue 467-4499

ST. JAMES PRESBYTERIAN CHURCH

240 Leland Ave., San Francisco, CA 94134
The Rev. Dr. Jerry O. Resus, Minister

Church School Classes: 9:15 a.m.
Sunday Worship Service: 10:30 a.m.
Wednesday Bible Study: 11:00 a.m.
Friday Bible Fellowship: 7:30 p.m.
Saturday Choir Rehearsal: 10:00 a.m.

You are cordially welcome to join us for study, worship, fellowship and service. We seek to teach the Bible and to lift up Jesus Christ so He can draw all persons to Himself.

Come to Church This Week

GRAPEVINE

Editor: Len Applano
Published monthly by Visitacion Valley Community Center, 50 Raymond Avenue, San Francisco, CA 94134, (415) 467-8900; Fax: 467-3757; visvalley@earthlink.net
Web: <http://home.earthlink.net/~visvalley>
Opinions expressed in the Visitacion Valley Grapevine are not necessarily those of Visitacion Valley Community Center
VVCC Executive Director: Julia A. Kavanagh
Visitacion Valley Grapevine, named by Pat Crocker, is a Registered California Trademark of Visitacion Valley Community Center. © 2005 VVCC. All rights reserved.

Library Helps Youth and Families Explore New Horizons

by Mayor Gavin Newsom

With summer vacation at an end, September is the month for young people to continue building on summer reading assignments to further their educational development. I am pleased to announce three new literacy initiatives at the Public Library:

One City One Book: San Francisco Reads; Supporting Successful Teens; and

Inhalant Abuse Is Killing Kids

by CA Attorney General Bill Lockyer

On March 2, 2005, 14-year-old Kyle Williams was found dead in his bedroom at his family's Cleveland-area home, a can of common computer cleaner next to his face, according to newspaper accounts.

In August 2004, three teenage boys were killed in Sacramento when their car, estimated to have been traveling at 90 mph, hit a telephone pole, then crashed into a concrete wall. Again, a common computer cleaner was reported to be found in the wrecked vehicle.

For young people ages 12 and 13 inhalants are more widespread than marijuana. By the time students reach the eighth grade, one in five will have used inhalants.

Hundreds of innocuous-looking household products, if misused or abused, can abruptly end a life. Hair spray, aerosol whipped cream, glue, felt tip markers, paint, spray paint, air fresheners, cooking spray and other products can be misused as "inhalants."

Inhalants are not drugs. They are poisons and toxins. Both "bagging" - breathing in the substance from a bag - and "huffing" - breathing directly from an aerosol or through a cloth soaked in solvent - can be fatal.

Warning signs for inhalant abuse can include drunk, dazed or dizzy appearance; slurred or disoriented speech; uncoordinated physical motion; red or runny eyes and nose; spots and/or sores around the mouth; unusual breath odor or chemical odor on clothing; signs of paint or other products where they wouldn't normally be, such as on the face, lips, nose or fingers; and nausea or loss of appetite. Chronic abusers may exhibit hallucinations, anxiety and irritability.

Tips for parents developed by the Alliance for Consumer Education will help you prevent your child from death or injury due to inhalant use:

*Monitor your children's activities; know their plans and friends.

*Discuss with your children the purpose of common household products and emphasize that, when not used properly, certain fumes or gases may act as a poison.

*If your child helps you clean, read product labels together, and talk about the directions. *Open windows or use fans when products call for proper ventilation.

*Ask your teens if they know about inhalant abuse or have seen other kids abusing products. Tell them that sniffing products to get high damages their brain, liver, lungs and kidneys; causes loss of memory; and can kill them, even the first time they try it.

*If you suspect your child might be abusing inhalants, call your poison control center at 1-800-222-1222, or the '1-800' number on the label of the product.

*If you find your child unconscious or you suspect your child is under the influence of an inhalant, call 911 immediately. If your child is conscious, keep him/her calm and in a well-ventilated area. Excitement or stress may cause heart problems or lead to "Sudden Sniffing Death Syndrome." Seek professional help for the abuser.

For additional information on inhalant use, call the National Inhalant Prevention Coalition at 1-800-269-4237; visit its web site at www.inhalants.com, which also includes considerations for law enforcement and emergency personnel; and review the Alliance for Consumer Education's site at www.inhalants.org.

Every Child Ready to Read. This month, I will also name a new San Francisco Poet Laureate.

One City One Book is an ambitious program designed to create civic dialogue through reading and discussion of one book. San Francisco prides itself on its strong literary and cultural traditions, and it is essential that we as a city foster a climate that encourages reading, especially among our young people.

In May, I announced the selection of Gus Lee's poignant and touching fiction memoir, *China Boy*, a story about a young Chinese American boy growing up on tough streets in the Panhandle in the 1950s, as San Francisco's first *One City One Book* selection. This summer, schools and libraries will create a dialogue around *China Boy*. Book discussion groups, author discussions, radio programs and class visits will be held throughout the city.

Another component of our new literacy initiatives is *Supporting Successful Teens*, an expanded teen services program which will pair libraries with schools and other community organizations serving youth, with a special focus on areas where youth are at risk.

This program will enhance library book collections to provide teens with information to help them make life decisions, increase the number of teen services librarians who can assist them, and develop constructive activities both for pleasure as well as in support of their educational success. *Supporting Successful Teens* will include activities such as game tournaments, book celebrations, poetry

Workshop Will Focus On Senior Financial Fraud Prevention

A panel of speakers will join special guests at a free workshop for seniors on financial fraud prevention will be held Wednesday, Sept. 21 from 9 a.m. to 12 noon at the Visitacion Valley Community Center gym, 66 Raymond Ave. Assemblymember Leland Yee and S.F. City Attorney Dennis Herrera will be part of the workshop, which will include a presentation by Sean Do, elder abuse program manager from Victim Services of the District Attorney's Office.

readings, movie nights and cultural fairs.

Additionally, partnerships with arts organizations will allow for classes in visual arts, such as cartooning, photography, poetry writing or improvisational theatre. The teen services librarians will be deployed in areas most needed, such as Visitacion Valley, Bayview, Mission and Portola neighborhood libraries and at Log Cabin Ranch.

It is my goal to provide cultural enrichment and educational opportunities in a welcoming, safe and comfortable environment. Literacy starts at an early age, and for that reason we are initiating a new early childhood literacy program called *Every Child Ready to Read*. This program will ensure that children have the skills they need to learn to read, including an interest in and awareness of books, recognizing the letters of the alphabet, a good vocabulary and narrative skills, and the ability to hear and play with the sound of words. Children with these skills have the advantage upon entering kindergarten and are much less likely to suffer reading difficulties later in school. *Every Child Ready to Read* will help reach this goal by providing library workshops for parents, who are their child's first and most important teachers.

Through collaboration among various agencies, caregivers will be accredited for attending the workshops. Written information will be distributed at agencies providing services to children and their families, including First Five, the San Francisco Unified School District, and the Department of Children, Youth and Their Families.

With enhanced book collections for preschoolers, as well as a concentrated effort among service providers, we can make a difference in our children's lives.

San Francisco is renowned for being the home of some of the finest poets in the country. Many thanks to you, the residents of San Francisco, for nominating your favorite poet to be the next Poet Laureate. Currently, I am reviewing applications. Watch for my announcement of San Francisco's fourth Poet Laureate soon. For more information on these and other exciting events sponsored by the San Francisco Public Library, please call (415) 557-4400 or visit the website at www.sfpl.org.

A Safer and More Secure Cell Phone

The call for more cell phone safety may be answered by following these tips to avoid device theft and keep passwords secure.

Avoiding Loss

Mobile devices often contain confidential data, important contacts, appointments, photos, even passwords. To help make certain your mobile device and the information it contains doesn't get in the wrong hands:

*Never leave a mobile device unattended.

*Never leave a mobile device visible in your car.

*Take extra care when you can be distracted such as at ATMs, airline ticket counters, on public transportation or, while listening to headphones.

Many carriers have programs that save wireless phone information. For example, Verizon Wireless offers a service that saves a copy of your phone's address book to a secure Web site. You can restore your saved address book to a new phone wirelessly. Most carriers also offer wireless insurance coverage through independent insurance companies, which will replace phones and accessories if they are lost or stolen.

Prescreened Offers of Credit and Insurance

Here is information from the Federal Trade Commission, the nation's consumer protection agency, about those prescreened offers of credit and insurance you get.

Q. A "prescreened" offer of credit? What's that?

A. Many companies that solicit new credit card accounts and insurance policies use prescreening to identify potential customers for the products they offer. Prescreened offers-sometimes called "preapproved" offers-are based on information in your credit report that indicates you meet criteria set by the offerer. Usually, prescreened solicitations come via mail, but you may also get them in a phone call or in an e-mail.

Q. How does prescreening work?

A. Prescreening works in one of two ways:

1. A creditor or insurer establishes criteria, like a minimum credit score, and asks a consumer reporting company for a list of

people in the company's database who meet the criteria; or

2. A creditor or insurer provides a list of potential customers to a consumer reporting company and asks the company to identify people on the list who meet certain criteria.

Q. Can prescreening hurt someone's credit report or credit score?

A. No. There will be "inquiries" on your credit report showing which companies obtained your information for prescreening, but those inquiries will not have a negative effect on your credit report or credit score.

If you decide that you don't want to receive prescreened offers of credit and insurance, you have two choices: You can opt out of receiving them for five years or opt out of receiving them permanently. Call 1-888-5-OPTOUT (1-888-567-8688) toll-free or visit www.optoutprescreen.com for details.

NAPS



2177 Bayshore Blvd.
at the corner of Blanken

(415) 330-0736
Fax (415) 330-9813

Open from
10 a.m. to 8 p.m.
Tuesday-Saturday

"Convection cooking separates the fire from the meat creating the true flavor of our smoky meats which can't be found anywhere else in San Francisco."

For a Unique Culinary Experience,
Try One of Our Delectable Bargain
"Light Rail Construction" Specials
Posted Daily on the Front Window.
You'll Want to Come Back for More!

*BBQ
*Sandwiches
*Seafood
*Appetizers
*Party Platters
*Desserts



The Sensible Environmentalist

Lead-Based Paint Still a Health Hazard

by Dr. Patrick Moore

Dear Dr. Moore:

I own a character home and want to sand the floors and trim to their original wood state. Should I be concerned about lead-based paint?

Yes. Despite the fact that lead-based paint was phased out in 1978, lead poisoning is still a major national health issue and old paint is one of the main culprits.

According to the Department of Housing and Urban Development (HUD), about 38 million homes in the United States contain some lead-based paint. If the paint's in good condition, it shouldn't pose a risk. But more than half of those homes are thought to have lead-based paint that's chipping and peeling enough to be dangerous.

Character homes like yours raise another issue. While people used to think nothing of painting all the wood, the trend now is to add value to the home by exposing its natural beauty. The problem, because wood is durable and tends to be in such great shape, is that people strip or sand the paint without recognizing the risks to their health.

Before you do anything, I'd recommend having the paint inspected. Although do-it-yourself kits do exist, they aren't always reliable. A qualified inspector, on the other hand, can tell you whether the paint contains lead and, if so, how much. Homes built before the early 1950s tend to have the highest concentrations, up to 50 percent by weight.

If the paint is deteriorating, the U.S. Environmental Protection Agency recommends a number of immediate steps, such as cleaning surfaces frequently, and thoroughly rinsing sponges and mop heads. Avoid sanding, chipping or heating the paint as this can create lead dust and fumes which are easily inhaled.

Some people believe that only children and pregnant women are at risk from lead poisoning. But while

they're more susceptible, anyone can be affected. In adults, lead poisoning can cause (among other things) nerve damage, impaired mental functions and increased blood pressure.

If the paint is lead-based and you still want to proceed, it makes sense to follow the recommendation of both the U.S. EPA and the Consumer Product Safety Commission: hire

trained professionals, who know how to protect both worker health and the surrounding environment. For more information, visit the HUD Web site (www.hud.gov) or call the National Lead Information Center at 1-800-424-LEAD.

NAPS
Dr. Patrick Moore has been a leader of the environmental movement for more than 30 years. A co-founder of Greenpeace, he holds a PhD in ecology and a BSc in forest biology. Questions can be sent to Patrick@SensibleEnvironmentalist.com.

San Francisco Becomes First City To Adopt Green Building Standards

Standing on the unfinished roof of the Plaza Apartments, amidst a checkered pattern of energy-producing solar panels, Mayor Gavin Newsom announced Aug. 2 that San Francisco will apply environmentally sustainable development principles to all the City's new affordable housing developments.

With this announcement, San Francisco becomes the first city in the country to adopt green construction standards for housing targeted to low-income residents.

Created by The Enterprise Foundation, in collaboration with environmental and sustainability experts including the National Resources Defense Council and GlobalGreen USA, the nationwide Green Communities initiative will grant \$300,000 to six local non-profit housing developers to design the first six affordable housing developments to be built to this new, green standard in San Francisco.

The grants will provide 600 units of healthy, sustainable housing for low-income and homeless families.

Senior Center Going To Santa Cruz Follies

Visitation Valley Senior Center is scheduling a trip to Santa Cruz on Thursday, Sept. 15 as SCO Market Street Players present the 50th Anniversary Santa Cruz Follies, a musical revue of song and dance from the 30s, 40s, 50s and Broadway at the Santa Cruz Civic Auditorium.

Cost for the excursion is \$25 with a 10:45 a.m. departure from VVCC at 66 Raymond Ave. returning by 5 p.m. Call (415) 467-4499 for more information.

seniors, and individuals.

The Enterprise Foundation will also offer up to \$60 million in discounted financing for San Francisco projects participating in the Green Communities Initiative.

"Children in low-income neighborhoods often suffer from childhood diseases like asthma or lead poisoning that are exacerbated by unhealthy housing," emphasized Mayor Newsom on the importance of safe building materials saying, "By signing up to be the country's first citywide Green Community, we'll prove that it is possible to build affordable housing and to build it green."

Historically, environmentally sound building materials and design features have been considered too costly, especially by non-profit housing developers who know that their residents cannot pay for such amenities. Green Communities is intended to increase demand for and familiarity with green building materials, reducing costs over the long-term.

Many of the newly standards adopted by the City, like reducing energy and water usage, promoting long-term durability, and minimizing construction waste through use of recycled materials—reduce operating and capital costs, increasing overall affordability.

Healthier indoor air quality is one of green housing's major selling points. One in ten California and Bay Area kids has asthma and in many Bay Area communities, that number is one in five. As asthma is triggered by residential exposure to mold, mildew and vermin, healthier indoor air quality can help reduce asthma attacks and visits to the emergency room.

To create a workable standard, the initiative is asking its local partners to test and implement these criteria, and then track results over time. Only the replicable, best practices will be promoted to the entire industry.

Green Communities is a 5-year, \$555 million national initiative to build more than 8,500 homes using green "criteria" that will promote health, conserve energy and natural resources and enhance access to jobs, schools, and services.

Book Reviews

A Life on the Run

A stirring debut novel set between two World Wars takes readers on a wild adventure across continents as one man seeks to hide from his past. In the process, he loses who he is and lives a life on the run, filled with silent lies.

Inspired by events in the author's family history, this fascinating historical drama, set mainly from World War I up to World War II, is about a young Hungarian who inadvertently becomes embroiled in a counterfeit scheme that results in a murder and a lifetime of running from the truth, the law and the underworld.

Silent Lies by M. L. Malcolm (Longstreet Press, \$24.95) takes the reader through Budapest during World War I, when young Leo comes back disillusioned by the war. Leo tries to use his talent with languages to reinvent himself, but ends up inadvertently getting caught up in an international scandal. He flees to Shanghai to try to make a new life for himself and the woman he loves. When the Japanese invade in 1937, he has to confront his past and try to protect his family from the consequences of his many silent lies.

This exciting novel about a man caught up in a riptide of events beyond his control, graphically illustrates what we're willing to do for love and the desperate risks we take to cover up our mistakes and ensure our own survival, even when the chosen road may lead to mayhem.

Fuel Prices Up More Than 40 Percent in 2005

Drivers have been hit with a punishing series of fuel price increases over the past month that have pushed the cost of gasoline to an all-time high. The latest figures come from a new report from AAA of Northern California, which tracks fuel prices as a service to consumers.

The statewide average cost of a gallon of regular unleaded gasoline in California is now \$2.77. That price is an increase of 18 cents per gallon compared to the last AAA monthly report on July 19 and an increase of 82 cents per gallon since the beginning of the year.

"We are concerned about the impact this situation is having on consumers," said Sean Comey, spokesman for AAA of Northern California. "When the price of critical products or services increases this dramatically, it puts a significant strain on the consumer, especially people who are already struggling to pay their bills."

The main market force driving up retail fuel prices is the substantial increase in the cost of crude oil. Crude

Finding Business Success

If you feel like your business is making peanuts, it may be time to bag your first elephant. The same can be said for salespeople who are not happy with their results or virtually any other business person looking to increase his or her worth and profits.

That's the idea behind a new book by Steve Kaplan, an author who has owned or consulted for over 100 businesses and turned his own small business into a 250 million dollar, 1300 employee international operation.

Kaplan says one thing successful businesses have in common is that their owners all remember the precise moment they knew they had made it big: The moment they landed their first huge client, or "bagged their first elephant."

Bag The Elephant (Bard Press, \$19.95) walks readers through the steps that can help them land and keep big clients—the kind of customers who can turn a business or career around. The book offers tips including:

The four critical things you need to know about working with big clients and the six keys for a successful big-customer focus

Ideas and techniques for developing your own elephant prospect list

The secrets of negotiating with an elephant without giving away your profit margins

The book also discusses how to find elephant employees who will work with you as inside sales reps and how to avoid the five "killer mistakes" Kaplan says can put you out of business.

NAPS

FREE CERAMICS CLASS

For everyone 18 and older at
Visitation Valley Community Center,
66 Raymond Avenue
Tuesdays from 9 a.m. to 4 p.m.

*Very therapeutic and fun. You do not need to stay
the entire day...come for as long as you like.
We have a wonderful teacher to assist you.*

For more information, call the
VCC Senior Program: (415) 467-4499

Church of the Visitation

Roman Catholic (1907)

98 Years in Visitation Valley

Daily Masses (Mon-Fri) 7 a.m. & 5:30 p.m. Saturday Masses 7:30 a.m. & 5 p.m.

Sunday Masses 8 & 9:30 a.m. (11 a.m. Spanish) 12:30 & 5 p.m. Our Lady of Visitation School Grades K-8 239-7840

Religious Education: Grades K-8 (Saturday only) 239-6723

Come, Let us worship together!

655 Sunnydale Avenue
San Francisco, CA 94134-2838
(415) 239-5950

Rev. Zachary J. Shore, Pastor

JOHN W. KING SENIOR CENTER

500 Raymond Ave. San Francisco, CA 94134

Nutritional lunches will be served
at noon for \$1.50. Come one, come all!

The Senior Center has many facilities,
including our spacious courtyard
and many senior programs
for the neighborhood!

Arts & Crafts

Bingo

Ceramic

Karaoke

Movies

Line Dance

Tai Chi

Transportation

Supplemental Food Program

English & Computer Classes

Call: (415) 239-6233

Fax: 239-2262

The nationwide average price is now \$2.52, also a record high. That price is 25 cents per gallon less than the statewide average in California. The least expensive gasoline in the country is found in Casper, Wyoming, where the average gas price is \$2.31. The highest average price for gas in the United States in Wailuku, Hawaii, where a gallon of regular unleaded sells for \$2.95.

One way consumers can reduce the amount of money they spend on fuel is to shop aggressively for the lowest price. AAA of Northern California has a new tool that can help. Located online at www.aaa.com/gasprices, the AAA Fuel Finder has real time information on gas prices at more than 85,000 gas stations throughout the United States.

"If consumers use their economic influence by shopping for the best bargain," said Comey, "It will put pressure on the people selling gasoline to drop their prices when market forces develop that allow for some relief."

Antiques & Collectibles

Toothpicks and Teddybears

by Anita Gold

Q. When did people first start using toothpicks? Is it true that some were made of solid gold? Jeanette Murphy, Brooklyn,

N.Y.A. Toothpicks date back as far as Tudor times. They were not only made of gold, but of silver and animal horn as well. Rich merchants, and ritzy gentlemen often carried solid gold ones packed in leather cases, as a sign of prosperity. But if a gentleman "really" wanted to attract attention, he carried a gold toothpick concealed inside a gold holder with a sliding mechanism that forced the toothpick with its pointy picker to eject for picking teeth, and to retract back into the holder when the pickin' was done.

Today, some jewelry firms still sell gold toothpicks for the man who has everything. Still the most popular examples were wooden toothpicks like we use today, which were invented in 1867 by a Boston woodenware manufacturer. Before that, folks fashioned their own from tree branches.

However (when 1930 rolled around) it was considered very impolite to pick your teeth in public, and although some people tried to cover up the operation with their napkins, it only made a bad situation look worse by calling attention to what was going on, and therefore if one had to pick his teeth, he needed to excuse himself from the table to do his pickin' in another room.

Q. When I was a second-grader back in the 1960s, I received a large teddy bear, which I kept on my bed for years, and which later I stored away with my other stuffed animals, dolls, and toys in boxes. Years later, when my sister-in-law gave birth to a son, she found the box containing my beloved bear, and proceeded to use it and my other toys (I had planned to keep for sentimental reasons for the rest of my life) for her own purposes. I regret her presumptuous behavior and tried to let it go, except for the bear, which was later found to have been torn beyond repair by their family dog. Needless to say,

I am still repulsed by this bold and unauthorized use of my treasures. Would the large teddy bear from the sixties era, be of any real value today? What say you? Reader, Chapel Hill, NCA.

The real value of your teddy bear is the precious memories it left behind that are priceless. However, the bear's monetary value is another matter. To check out its value (before it was dog-attacked) and have it repaired, or restored as best as can be, send a photo of the bear in its present state including its length, color, type of eyes whether shoe button or glass, and any other features it may have, to Gigi's Dolls & Sherry's Teddy Bears, 6029 N. Northwest Hwy., Chicago, IL 60631. Identify yourself as one of my readers, and enclose a self-addressed stamped envelope for a reply, or phone Gigi or Sherry at 773-594-1540.

You can also visit their website at www.gigisdolls.com. By the way here's my little teddy bear ditty I wrote to comfort children in troubled times. "Oh, teddy bear Oh teddy bear, With all your cuddly charms, You make my world feel safe again, When you are in my arms." Q. My great-grandmother, who is Swedish, once talked about having an egg tree in her house at Easter. What is an egg tree? Ingrid Gray, Munster, INA. The egg tree is an old, Norse custom, which was introduced in America by the Swedes and Moravians. It was a bare tree trimmed with color eggs to celebrate Easter. In the 18th century the eggs were blown or sucked out of their shells. The shells were then filled with wax or plaster and decorated beautifully.

Q. Can you tell me anything about old pancake turners which I recently started to collect? Della Porter, Virginia Beach, VA A.

Some collectors flip over old flip-

pers, turners, or lifters for flapjacks, griddle cakes, pancakes, or anything else that needed flipping or flopping.

Turners were wrought by blacksmiths as early as the 17th and 18th centuries. Especially desirable are early wrought-iron turners, often given as wedding gifts, with decorative designs or names incised on the handle. Some have "witch marks" to ward off witches, demons, and devils from bewitching the cakes and thus poisoning those who ate them.

Some exceptional iron turners were embellished with a brass star-shaped witch mark with points around the edges, for extra protection.

Utensils (and other early fireplace cooking implements) often were "protected" with witch marks to keep witches and homed-ones from hiding in food. "Witch-marked" utensils have a peculiar charm that adds to their value. Some wrought-iron turners were shaped like solid key holes with triangular-shaped paddles, or small, flat shovels or spades, with looped or twisted handles from which they could hang, or were topped off with a ball-shaped knob, or a seal with incised initials, much like those used for sealing wax.

Later, in the 19th and 20th centuries, machine-made turners were produced in plain or japanned tin, stainless steel, and aluminum, designed with solid, perforated, slit, slotted, or pierced designs with cut-out motifs of hearts, flowers, and polka dots, while other tin examples dating from 1910 had a long rod-like

handle ending in a snake-shaped or spiral design for easy gripping.

Such turners were made with both perforated and solid head styles. Especially desirable are tin turners which advertised products such as "Rumford The Wholesome Baking Powder." Many pancake turners were made and marked by the A&J Manufacturing Co., which opened in 1909 in Binghamton, NY, and was acquired by the Edward Katzinger Co. in 1929, with the Katzinger name being changed to EKCO Products Co. in 1945, and which went on to produce quality kitchenware we're all familiar with.

Write Anita Gold, P.O. Box 597401, Chicago, IL 60659. Enclose a self-addressed stamped envelope with a copy of this column and the name of the paper in which it appears for a reply.

Abraham Sluggers Open Summer League Play

With the first month of the summer Fast-Pitch Season completed, the Abraham Sluggers found themselves in sole possession of second place in the B-League standings, finishing the month 1-0 with 2 ties. Their first two games of the season ended with a 5-5 tie against Gino & Carlo and a 2-2 tie against Noe's, last spring's runner-up.

The Sluggers got in the win column on Aug. 18 with a 7-6 victory over North Star paced by center-fielder Scott Federman's 3-for-4 hitting with two runs scored and a bases-clearing two-run triple by catcher Dave Catano, who finished the night with 3 RBIs. Right-fielder Antoine Colbert and third-baseman

Derek Atkinson also chipped in with an RBI apiece.

The Sluggers were able to hold on despite a valiant comeback by North Star, who tied the game in the top of the 7th with a two-out, two run single to left field by former Sluggers second baseman Kwam Gatlin.

Bayview Farmers' Market Moves to Opera House

The Bayview Hunters Point Farmers' Market recently moved to a new location at the Bayview Opera House, 3rd Street and Oakdale Avenue, and is open every Saturday from 9:30 a.m. to 1:30 p.m. through Nov. 19. Take Muni lines 15, 19, 23, 29, 44, and 54.

Micro-Minute by Mr. Food

Sausage & Egg Scramble

(4 servings) "Since this eye-opener takes less than 10 minutes to prepare, it's a breakfast sure to entice our families to the table, and keep us all going strong until lunchtime!"

1/4 pound bulk Italian turkey or pork sausage; 1 can (8.75 ounces) whole-kernel corn, drained; 2 scallions, thinly sliced; 5 eggs; 1/3 cup skim milk; 1/4 teaspoon salt; 1/4 teaspoon black pepper.

1. Place 2 paper towels in a microwave-safe 9-inch pie plate. Crumble the sausage onto the paper towels and cover with an additional paper towel.

VISITACION VALLEY GRAPEVINE - SEPTEMBER 2005 - 5
Microwave at 90 percent power for 2 minutes.

2. Remove the paper towels, and stir the corn and scallions into the cooked sausage, distributing the mixture evenly in the plate. Microwave at 90 percent power for 1 minute.

3. In a medium bowl, beat the eggs, milk, salt, and pepper until well combined. Pour over the sausage mixture. Cover with plastic wrap and microwave at 90 percent power for 2 minutes. Stir, moving the cooked mixture toward the center of the dish. Cover, and microwave at 90 percent power for 2 more minutes.

4. Let stand, covered, for 1 to 2 minutes, or until the eggs are set. Slice into wedges and serve.

Double-Cheese Quiche

(6 to 8 servings) "With our microwave oven and less than 10 ingredients, we've got a perfect breakfast or lunch quiche that's impossibly easy to make, and impossible to forget!"

2 eggs; 1 package (8 ounces) cream cheese, softened; 2 scallions, thinly sliced; 1 cup (4 ounces) shredded Swiss cheese; 1/2 cup diced deli ham; 1/3 cup biscuit baking mix; 1 tablespoon Dijon mustard; 1/4 teaspoon black pepper.

1. Coat a microwave-safe 9-inch pie plate with nonstick cooking spray. In a medium bowl, combine all the ingredients and beat with an electric beater until well blended. Spread into the pie plate.

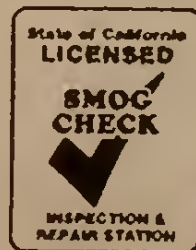
2. Microwave at 70 percent power for 8 to 9 minutes, until set. Let sit for 2 minutes then slice into wedges and serve.

TW AUTOMOTIVE

COMPLETE AUTO REPAIR & MUFFLER

- Foreign & Domestic
- Brake Service
- Engine-Transmission
- Fuel Injection
- Electrical Service
- Insurance Work
- Air Conditioning
- Tune-up
- Muffler & Pipes
- Catalytic Converter
- Performance Dual Exhaust
- Custom Bending

Welcome



ASA



415-585-8281

2500 BAYSHORE BLVD. (at Visitacion)

Mayor Unveils Second Phase of Clean and Green

From Page 1

***Street Design:** Includes more thorough street redesigns such as changes to sidewalks, intersections, traffic patterns, bicycle and traffic conditions. These projects will be carried out in three different phases.

***Pavement to Parks:** An effort to reclaim excess pavement, including unneeded traffic islands, left over areas not needed for traffic and neglected sidewalks, for pocket parks, sitting areas, community gardens, sustainable plantings and other green uses.

***Coordinated City Action:** Focuses on a coordinated effort in the design and management of streets and alleys that are currently handled by multiple city departments.

The Green Vision Council, which will be working collaboratively with the working group, will be providing input based on their professional expertise. The Mayor's Interdepartmental Working Group will bring together various department heads including: Planning, Environment, Municipal Transportation Agency, Recreation and Parks, Economic and Workforce Development, Public Utilities, Public Works, Parking and Traffic, Housing and the City Administrator's Office.

"Mayor Newsom has made an excellent choice in naming Marshall to lead his vision of greening our city," said Dean Macris, San Francisco's Planning Director. "This new greening initiative will build on the success of the Planning Department's Better Neighborhoods Program and continue its vision for greening San Francisco's streets."

In October 2004, Mayor Newsom unveiled Phase I of his Clean and Green Streets Initiative, which was designed to revitalize and beautify the area on Van Ness Avenue between Grove and Lombard Streets. The project expanded to other median strips throughout San Francisco, including Geary Boulevard, Lombard Street, and Juniperro Serra Boulevard.

Proposed Improvements for Leland Avenue

The Visitacion Valley community is already coming together to revitalize its neighborhood shopping street. Leland Avenue is the heart of the Visitacion Valley neighborhood, to be served by the forthcoming Third Street Light Rail, improved Caltrain service, and potentially the home of as many as 800 units of new housing on the former Schlage Lock site.

The Street Design Demonstration Project will include: street design, streetscape and intersection improvements on Leland Avenue between Bayshore Boulevard and Rutland Street.

Improvements will include:

*Streetscape improvements, including: street trees, benches, lighting, sidewalk paving, crossing improvement and improved signage.

*Bulb-outs and intersection improvements at Bayshore Boulevard and in front of Hans Schiller Plaza on Leland Avenue at Peabody Street.

*Utility undergrounding (depending on funding and timing).

Status: Community planning is complete. The Planning Department and Department of Public Works are now designing the improvements with the assistance of an urban design consultant and the community.

Estimated cost: \$2-3 million.

Funding: Design: Grant from Hass Jr. Foundation and Proposition K funds; Construction: The City will seek a grant, Proposition K and State Proposition 42 funds.

Timeline: Design will be completed in fall this year. Construction is scheduled to be completed in the summer of 2007.



Leland Avenue in Visitacion Valley could be transformed into an attractive shopping area by the end of 2007 under the Mayor's new Better Streets Program.

Seven Ways to Turn Past Business Failures into Springboards for Success

by Daniel R. Castro

Perhaps your professional life isn't going exactly like you thought it was supposed to go. Maybe you've made a series of bad decisions or even one really bad choice that you can't seem to bounce back from. Maybe you've been downsized or terminated. Maybe your best-laid plans have failed and circumstances beyond your control—from market downturns to bad weather to a key player's incompetence—have put you in the danger zone, or even out in the street.

You may not realize it right now, but you do have options. You could wallow in self-pity, or remain angry at those whom you blame for your current situation. Or you can turn your past disappointments into great accomplishments. How? Just follow the path of the heroes who've gone before you. They will show you how to transform past adversity and failures into springboards for success.

Tip No. 1: Take an objective, not an emotional look, at where you've come from.

Thomas Edison believed there were no such things as mistakes, only eliminated options that brought him one step closer to his goal. There is no such thing as "failure," he claimed, only lessons to be learned.

Most people find it difficult to see a failure in an analytical, impartial fashion; many of us were raised to believe that if we failed at something, we were failures. Therefore, as adults, we take failure personally, believing our lack of success indicates a lack in our character. Instead, we must look at the situation objectively, as a matter of cause and effect. The fact that we fail in business situations does not mean we are failures, but rather that we didn't create the right cause to achieve the desired effect.

If you find yourself in a stuck emotional state, go back and analyze the steps you took and see what you might have done differently. Remove the emotional involvement; just look at the raw data. Logically and dispassionately examine the course you chose and determine why it did not yield the result you wanted, and then consider why it was not appropriate for that particular situation. You'll need to acknowledge what you did that led to the failure, and take responsibility for it. But, like Thomas Edison, you should take what you can learn from it and move on.

Tip No. 2: Focus on the purpose on the other side of the pain.

Happiness does not come from the elimination of pain, but from the realization of your purpose. Keep reminding yourself why you are doing what you're doing. Even less lofty purposes, such as "I just work here to pay the rent and my car payment," can be transformed

over time if you look at the higher purpose for why you might be there. Perhaps you will make contacts that will help you in the future. Perhaps you are trying to save money to put your kids through college. The key is to look beneath the surface to find the spiritual meaning.

To succeed, you'll need to look at the higher goals you've set and determine their importance, then focus on what is good, important, and meaningful to you, rather than on the mundane aspects or the things you hate about your job. If you develop a strong enough reason or purpose to keep going, and you can focus on that purpose, you will succeed at each of the steps you take toward your goal. Without a sense of purpose, you will lack motivation and consciously or subconsciously doom yourself to failure.

Tip No. 3: You can't see the whole parade from where you stand.

You never know from where you stand whether what you are experiencing will turn out to be good or bad until enough time has passed. A seemingly hopeless situation may be exactly the disaster you fear, but it may also turn from catastrophe into triumph in ways you are unable to predict.

When people get stuck in "Why me?" mode as a result of a severe business loss, they require a mindshift in order to recover a sense of belief, hope, and inner strength so they can move on. If we can look outside of ourselves at others who have overcome adverse circumstances, we can gain the courage to believe in our ultimate success. In your industry, who do you know or have heard of who failed but managed to get back on top, perhaps in another industry altogether? History is filled with examples.

Soichiro Honda persevered through countless failures and setbacks, over four decades, before his Honda Motor Company became one of the largest automobile companies in the world. His inspiring story demonstrates the power of perseverance in the face of adversity and the necessity of innovation and creativity in periods of failure and loss.

When we make a deliberate decision not to give up, then life seems to present opportunities we hadn't thought of or couldn't create ourselves.

Tip No. 4: It's not whether you have won or lost in the past; it's the person you have to become in order to win in the future.

After a business failure has led you to analyze the objective data of your experience, you then need to look at the kind of person you need to become to see the results you want in the future. Beyond visualizing the physical objects or the status you seek, you need to look within and say, "What kind of person do I need to become in order to get what I want?"

To become that person, you may

need additional education or training in your field or another career; you may need to hire a coach or find a mentor to guide you through the steps to becoming who you want to be.

Or you may require a character shift, to be reborn, in a sense. Lance Armstrong, for example, had never won a single Tour de France before he was diagnosed with testicular cancer. Then it looked like his cycling career, and maybe even his life, were over. He fought back hard and won. Today he credits his great cycling success to the person he became as a result of having cancer. He says, "Cancer saved my life."

Tip No. 5: Accept that falling is a normal part of life, but try to fall forward every time—in the direction of your goal.

We are all continually creating our own destinies through the choices we make and our desire and determination to see them through. Perhaps you've suffered a major business defeat such as downsizing or termination. Realize that you can leave that job on good terms with a handshake and a letter of recommendation, or with the threat of a lawsuit against those who fired you. How you handle the crisis has a dramatic impact on how you will succeed from that point forward.

For example, early in his football coaching career, Lou Holtz was fired from his job at the University of Arkansas for no apparent reason. He could have sued, sulked or slandered. But instead, he shook hands and moved on, keeping the good friends he had there. From there, he went to the University of Minnesota.

When his dream job at the University of Notre Dame job came open, Holtz applied. Notre Dame started calling Holtz past employers—including the University of Arkansas. Arkansas gave him a raving recommendation and Notre Dame hired him. Holtz finally got his dream job where he won several national championships. Had Holtz chosen to react negatively after being fired at Arkansas, he would have virtually guaranteed a bad performance review, which could have cost him his dream job at Notre Dame. How we react to bad things today has a huge impact on what happens to us tomorrow.

Like Lou Holtz, you can choose to fall in the direction of your next goal, deciding to treat the fall as a sort of awkward but valuable step along the path of your life and career. If, instead of dwelling on the circumstances of the past, you can manage to move on in a forward direction, your fall will send you in the direction of your goals.

Tip No. 6: "Retreat" does not equal "defeat."

A retreat can be a valuable opportunity to regroup and rethink strategies and goals. For example, one of the worst business mistakes you can make is to continue to pour money

into a failing business; in this situation, knowing when to call it quits and creatively develop a better plan is essential.

Don't let pride keep you stuck in a wrong decision. Managers and investors need to be willing to change a course of action that isn't working, no matter how much faith, time, and money may have been put into it so far. You need to be willing to abandon a path that is not taking you where you want to go and start over again.

Captain Oliver Hazard Perry is famous for captaining the ship that bore the flag saying "Don't give up the ship" during the War of 1812. The little known fact is that he did abandon that ship! When 80% of his men were dead and his ship was sinking, he paddled a little john-boat over to another ship, took control of it, and soundly defeated the British in the Battle of Lake Erie.

Tip No. 7: Realize that pain and heartache are only labor pains before your birth.

Many people who lost their jobs and businesses as the economy took a downturn have searched for years and have yet to find a job in their industry. This loss may have a profound effect on their sense of self. Like Moses after he was stripped of his wealth and power and was exiled into the desert by Pharaoh, they may feel as if all is lost, as they find themselves doing work they never would have envisioned themselves doing when they were in college. But Moses' many years of exile in the desert was exactly what he needed in order to become the kind of man who would eventually free the Hebrews from slavery.

In any painful, frightening situation, you need to realize that there is hope on the other side of the tragedy, even if you can't see it yet. When you quit, you guarantee that you will not be around to experience that which makes your suffering count for something. Turn your pain into a purpose.

If you persevere, you will gain wisdom and perspective and finally realize why you went through everything; namely, to become a new person, the person you needed to become in order to achieve the success you were seeking.

Claim Your Future Success

Many heroes of the past have blazed a trail for us to follow if we really want to overcome tragedies and failures. Remember, just because you may have failed does not mean you are a "failure." Failure is an attitude, not a place. Get up and keep crawling, sliding, and falling forward in the direction of your dreams. If you follow the hero's path, eventually you will get there.

Daniel R. Castro is author of *Critical Choices That Change Lives: How Heroes Turn Tragedy Into Triumph*. Visit him online at www.danrcaastro.com

Government Goal Surpassed for Small Business Contracting

WASHINGTON - U.S. small businesses reaped a record \$69.23 billion in federal prime contracts last year, surpassing the previous high by almost 6 percent, according to Administrator Hector V. Barreto of the U.S. Small Business Administration.

The contracts represented 23.09 percent of federal prime contracting dollars and 43.7 percent of federal prime contracting actions in FY 2004.

City to Share in HUD Award to Provide Permanent Housing For Homeless

From Page 1

Of the people placed in housing, more than 90 percent maintain their housing over time.

SFDPH has an institutional commitment to providing housing as a healthcare intervention to not only improve the health and well-being of people living with homelessness but also to provide effective exits from high-cost institutions and to break the cycle of repeated use of downstream medical services by homeless people with complex medical and psychiatric disorders.

HUD's new demonstration program was developed in close consultation with the U.S. Interagency Council on Homelessness and is targeted to help individuals living on the streets for at least 365 days over the last five years and who also have a long-term addiction to alcohol.

This initiative is supported by research that suggests as many as 150,000 persons experiencing chronic homelessness also often suffer from addiction to alcohol and tend to have the highest utilization of public facilities and services.

The report from the Federal Procurement Data Center (FPDC) shows federal prime contracting in FY 2004 amounted to \$299.9 billion on 9.97 million contracting actions. Small businesses garnered \$69.23 billion on 4.36 million actions.

"The report shows that the government not only matched its own statutory goal, but it broke records by awarding more contracting dollars to America's small businesses than ever before," said Barreto. "However, we can still do better. While the federal government reached its goal, I believe it still has room to improve in allowing small business to compete for additional contracting dollars."

Of the \$299.9 billion awarded in federal prime contracts, about \$210.7 billion, or more than 70 percent, was awarded by the Department of Defense. Defense awarded \$46.9 billion of its contracts, or about 22.27 percent, to small businesses.

The FPDC report showed that small disadvantaged businesses surpassed their 5 percent goal, registering 6.18 percent of total federal prime contracting dollars with \$18.54 billion in prime contracts.

Participants in the SBA's 8(a) Business Development program received \$8.44 billion in contracts, or 2.8 percent of the total. Contracts to small businesses in economically distressed communities through SBA's HUBZone program increased by 40 percent, to \$4.78 billion.

The dollars to women-owned small businesses increased by \$814.6 million to a record \$9.1 billion, about 3 percent of the governmentwide total.

Contracts to service-disabled veteran-owned small businesses more than doubled, reaching \$1.15 billion, up from \$550 million in FY 2003.

The FPDC report also shows that 59.1 percent of SBA's contracting dollars went to small businesses in FY 2004, up from 48.1 percent in FY 2003.

FTC Charges Scammer Making Bogus Claims For Postal Employment

The Federal Trade Commission has charged an employment-opportunity scammer and his three companies with marketing a fraudulent U.S. Postal Service employment program.

The program offered consumers help in getting jobs with the Postal Service and guaranteed them job placement if they were able to get a certain score on the Service's entrance exam. In reality, jobs, or even the opportunity to apply for jobs, were not available through the defendants. For many consumers, the advertised postal jobs were not available in their area at all.

The FTC alleged the defendants National Testing Services, LLC; Exam Preparation, LLC; and Future Planning, LLC, doing business as Exam Prep, LLC and Registration Department, put classified ads in newspapers across the country.

The FTC has filed a complaint and asked the court for consumer redress and to stop the defendants' allegedly false and deceptive selling practices.

The FTC charged that the defendants violated the FTC Act by misrepresenting they have an affiliation with the U.S. Postal Service; the availability of jobs with the Postal Service; that consumers who use their materials are more likely to pass the employment exam than those who do not; that achieving a certain score on the exam will guarantee employment; and their refund policy.

The ads, which read \$ ATTENTION \$ Now Hiring for Postal Jobs and offered hourly salary rates, paid training and full benefits, led consumers to believe the defendants were connected with the U.S. Postal Service and the hiring process.

When consumers called the toll-free numbers listed in the ads, they were told there were jobs available at their local post office. The defendants offered consum-

ers an exam-preparation package and told consumers they had to pay a "one-time refundable fee" for the study materials.

According to the defendants, the materials would assist consumers in getting jobs with the Postal Service by helping them pass the required entrance exam. The defendants also told consumers that if they scored high enough on the exam, they would receive immediate job placement.

The defendants said that their product would include an employment application, a book entitled Exam Prep Guide, 12 practice exams, and a copy of the actual exam.

Customers who ordered the defendants' products did receive some of the materials, but did not get the practice exams or a copy of

the actual exam. In addition, the defendants' materials did not address the current postal entrance exam for many of the jobs they claimed were available.

According to the FTC, the defendants have no connection to the Postal Service. In many areas, the jobs the defendants described simply were not available. When consumers attempted to have their money refunded, they found out additional terms of the refund policy that hadn't been disclosed before.

The FTC received invaluable assistance in this matter from the Nashville office of the U.S. Postal Inspection Service, arising out of a December 2004 law enforcement conference.

Visitation Valley Child Care Food Program

Visitation Valley Community Center announces sponsorship of the Child Care Food Program. The program is available without charge to all eligible participants. Children are served the same meals at no separate charge. "The United States Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, or political beliefs. Persons with disabilities who require alternate means for communication or program information (Braille, large print, audio tape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (Voice and TDD)."

"To file a discrimination complaint, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (Voice and TDD). USDA is an equal opportunity provider and employer."

For more information, contact: Visitation Valley Community Center, 50 Raymond Avenue, San Francisco, CA 94134; (415) 467-6400



Justyna "Justina" To Neighbor Realtor

屠佩麗

Cell Phone: (415) 830-1235

E-mail: justynato@sbcglobal.net

Century 21 2488 Junipero Serra Blvd., Daly City

我講廣東話及國語。

In the coming few years, approximately 2,500 new units will be added in the Visitation Valley, Bayview Heights area. Please feel free to contact me for further details.

My recent community work includes:

- *Petitioned City of S.F. to endorse the Schlage Lock Site Redevelopment Concept Plan**
- *Helped to clean Little Hollywood Park**
- *Joined the San Francisco Neighborhood Emergency Response Team (NERT)**
- *Voiced our needs to fund a new Visitation Valley branch library, to revive the Little Hollywood Park in a recent hearing of approval of the Candlestick Cove project**

I am the neighbor realtor who really lives at, knows and cares about this community. I look forward to your business or referrals for your real estate needs.

Mention this ad and with a completed transaction, I will make a donation to Visitation Valley Community Center or any charitable organization of your choice.

Grapevine Puzzler

ELLIVSIUOL FSAHJKLDFB
RHBQSCOLUMBUSWVDNSHJ
RGCGLHLEWNHGKNOMRNKMU
ERHKNIGHTSBCTE OFYGM
DGAQOPBBRTTCSTRCWCCEP
WERERPERWERNHAI AFHRRRA
IWLDFEGFSWUTBWGEDIH
NEOMORERREUIDRAJLSNEG
GSTBLSSTVKEIYUTLTGFGU
SUTFKNLYARJTI RKEFSGC
VCEEGGLERNEBURHRVNFK
DACRFDUABGN DHKYADFDE
SRDGD SBGFD SRSTKTMDNT
AYXGSSAUNGFGHOTRUFOD
SSNEENEWFEMFDLXHDMD
DEYKBNHGF FTREEDMHNHE
SDLADDFDDASSDRSEACD
DINDIANSASDLSODFNDIS
WTBBVDFDFGF DOSDSSSRN

Buffalo	Indianapolis	Lynx	Scranton
Bisons	Indians	Pawtucket	Wilkes-Barre
Columbus	Louisville	Red Sox	Red Barons
Clippers	Bats	Richmond	Syracuse
Charlotte	Norfolk	Braves	SkyChiefs
Knights	Tides	Rochester	Toledo
Durham Bulls	Ottaw	Red Wings	Mud Hens

Historic Proportions

Match clues to answers.

- 1902
1. Volcano erupted on this island May 8 destroying a town.
2. Nine automobile clubs joined on Mar. 4 to form one organization.
3. Winner of first Rose Bowl on Jan. 1.
4. He invented the battery on May 28.
5. Earthquake here killed 300 on Jan. 17.

As a Matter of Fact

- *The first root beer in America was manufactured by Charles Elmer Hires in Philadelphia, in 1866.
*In Roman mythology the eagle was associated with lightning.
*The term *ad lib*, meaning to improvise, is a shortening of the term *ad libitum*. In music, this phrase a direction to interpret, improvise or omit, according to the player's preference.
*Alfred Hitchcock directed the first talking film made in England. It was called *Blackmail*.
*The first toothbrush with synthetic bristles was introduced in 1938.
*During the December season of Saturnalia, ancient Romans hung little masks of Bacchus on pine trees.
*The U.S. Public Health Service was established on July 16, 1789.
*Thomas Jefferson invented the dumbwaiter.
*The lens of the eye continues to grow throughout a person's life.
*President Ulysses S. Grant was arrested while in office for speeding with his horse and fined \$20.
*Before being elected president, Woodrow Wilson taught history. After the election, he made history.

Five Years Ago In the Grapevine

SEPTEMBER 2000

- *Organizers for Visitation Valley Neighborhood Day planned the event for Sept. 16 at three adjoining locations: Visitation Valley Park, Family School, and the Elementary School.
*Visitation Valley voters had an opportunity to learn about options for district elections and candidates for supervisor at a forum scheduled for Oct. 7 at the Community Center gymnasium.

Sump, the Grump



International League

6. Huge dam on Nile River in Egypt completed on Dec. 10.
7. Disease proves fatal to thousands natives living along Arctic coast.
8. First of this vehicle completed on Oct. 17.
9. Hostilities in South Africa ended on May 31.
10. First fantasy film released in the spring.
11. Fire engulfed part of this structure on Nov. 22 while under construction.
12. Granted a corporate charter on Apr. 7.
A. Cadillac
B. Boer War
C. Mexico City
D. Martinique
E. Aswan
F. Williamsburg Bridge
G. American Automobile Association
H. Thomas Edison
I. Texas Oil Company
J. University of Michigan
K. Measles
L. A Trip to the Moon

Sez Who?

Match quotes to speakers.

1. "A chip on the shoulder is too heavy a piece of baggage to carry through life."
2. "The way I see it, if you want the rainbow, you gotta put up with the rain."
3. "The years must teach what the days never know."
4. "A good scare is worth more to a man than good advice."
5. "Advice is like castor oil; easy enough to give but dreadful uneasy to take."
6. "Growing old isn't so bad when you consider the alternative."
7. "The child's toys and the old man's reasons are the fruits of two seasons."
8. "Trying to squash a rumor is like trying to unring a bell."
9. "Success consists of getting up just one more time than you fall."

- A. Watson Edgar Howe
B. Maurice Chevalier
C. Ralph Waldo Emerson
D. Shana Alexander
E. Oliver Goldsmith
F. John Hancock
G. Dolly Parton
H. Josh Billings
I. William Blake

Answers: 1-F; 2-C; 3-I; 4-A; 5-H; 6-B; 7-C; 8-D; 9-E.

Poor Rix's Almanac

by Rix Quinn

Dear Poor Rix: Why do a husband and wife start to look like each other after being married for several years? - Violet, New York

Poor Rix figured he's begun to look like his wife because we both wear the same make-up.

But seriously, Violet, Poor Rix agrees that many spouses begin to resemble each other after a few years. To find answers to this question, I've consulted two non-scientists plus a guy handing out circulars at the mall. Here's what they told me:

1. Some people are attracted to those who look like them. Poor Rix once had three dates with a mirror.
2. Humans often imitate the habits of those who live with them. This explains why both my dog and I drink from the same water bowl.

3. Couples who choose to face the world together often end up with the same face. (That's what the guy in the mall told me.)

Dear Poor Rix: I have a question. What's the difference between bedbugs and scabies?

Before I answer this question, please let me remind you that Poor Rix has little knowledge of medicine, insects, or the human body.

I have heard that scabies are some sort of mite that often digs into foot or hand skin.

A bedbug is reportedly an actual bug about 1/10" long. It attacks both humans and animals, and feeds off their blood.

A poem to help you remember: "Bedbug or scabies, which is which? Bedbugs suck blood, and scabies itch."

Hey Poor Rix: Can you please explain the difference between a New York minute and, let's say, a Michigan minute? I thought they were all the same. Do other states have different minutes too? - Mary from Michigan

Poor Rix's New York buddy claims Manhattan's fast-paced lifestyle makes time fly. That's why he sells watches...so he'll have more time on his hands.

Do other states have longer or shorter minutes? Poor Rix doesn't know, but his friend Dan hurries no matter where he is.

Dan never drives if he can fly. He never cooks if he can microwave. He never bathes if he can shower. And we all wish he'd shower more.

He finished college in three years, the same time it took Poor Rix to pass freshman English. He asked the first girl he liked out to breakfast, so if things went well he could

squeeze three dates into a single day.

That night he asked her to marry him. She said she needed more time, so they delayed the ceremony until the weekend.

The couple embraced a hectic pace, and had two children...the second one born on an airplane. Luckily, Dan upgraded to first-class, so she had more delivery room.

Now, at 45, Dan looks much older, yet he still crisscrosses the country trying to outwork everyone else. His wife tired of this, and became a relaxation consultant.

Poor Dan. He's raced through life climbing the mountain, but has never taken time to enjoy the view.

Dear Poor Rix: A guy just invited me to a football game. I do not understand this event. Can you explain it? - Sport Watcher

This game begins with the entrance of referees, people with striped shirts who enforce the rules. Occasionally, someone with striped shirt and long stick may appear, and wander aimlessly. He is a "lost golfer," and must be removed.

Next come the cheerleaders, who bounce onto the field, often displaying skimpy uniforms and bare midriffs. And those are just the guys.

The girls look even better, and may wave their massive pom-poms to excite the crowd. (We'll discuss pom-poms another time.)

Then comes the team "mascot," often a farm animal, or a human dressed like one. Mascot uniforms are sometimes very silly, and not appropriate wearing apparel for, say, a wedding.

Next come two teams that wear different colors, plus a helmet to hide their identities from the opponents they'll tackle later. For the next three hours each squad tries to go from one end of the field to the other.

Pay attention to the quarterback, who controls the football. Sometimes he throws it to a teammate (a "pass"). Sometimes he hands it to somebody (a "handoff").

Saturdays are Special at Randall Museum

The Randall Museum offers drop-in, hands-on art and science workshops every Saturday from 1 to 4 p.m. at 199 Museum Way (off Roosevelt, above the Castro). Workshops are \$3 per child; \$5 for a parent and child combo.

All kids under 8 must be with a paying adult. Call 554-9600 for further information.

*Sept. 3: Paper Airplanes - Learn about aerodynamics and flight as you learn how to create innovative airplane designs out of paper.

*Sept. 10: Monoprinting - Dip into the art of printmaking with bold and instantly gratifying monoprints.

*Sept. 17: Ad Hoc Sculptures - Build your own ad hoc sculpture using materials from the Randall woodshop scrap pile.

*Sept. 24: Ice Cream Science - Learn a little about chemistry and physics

And occasionally he may tiptoe to the sidelines, and give some cheerleader a big, wet kiss. This is called the "quarterback sneak."

There's more to tell, Sport Watcher, but I gotta go. On TV, they're about to show a "quarterback sneak" instant replay.

Hi, Poor Rix: My grandson Marcus wants to know why we call it chicken pox. Is it caused by chickens? Do chickens get chicken pox? Is it like mad cow disease? - Violet from Tarrytown, NY

Poor Rix finds no evidence that chickens cause chicken pox. In fact, chickens I ask look at me quizzically (a normal expression for a chicken).

This common childhood disease often begins with a body rash that usually spreads to arms and legs. The spots then turn to blisters, and go away after a couple weeks. (Poor Rix once developed a similar rash while dancing in poison ivy, but that's another story.)

Do chickens get chicken pox? No, they get people pox! (Another lousy Poor Rix joke.)

But seriously - and Poor Rix gets serious talking about chickens - chickens can get fowl pox from mosquitoes, which makes their skin break out. However, fowl pox will rarely make a chicken break out of a cage, because chickens have the I.Q. of a spoon.

Because fowl pox can spread from chicken to chicken (like gossip about the rooster), chickens can get a vaccination to prevent it.

Mad cow disease is a fatal brain ailment that makes the cow's brain cells die. The cow eventually dies, too.

So, to sum up: Mad cow disease - very bad. Fowl pox - uncomfortable for a chicken. Chicken pox - It can make your skin itch, and give you a rash.

Poor Rix gets the same symptoms watching politics.

Poor Rix offers bad answers to good questions. E-mail him at rixquinn@charter.net.

Town Hall Meeting In Portola District

while you make your own tasty ice cream.

Other regular Saturday activities include:

- *Morning Family Ceramics from 10 to 11:30 a.m. (\$5 per person workshop fee)
*Meet the Animals from 11:15 a.m. to 12 noon.
*Animal Feeding at 12 noon.
*Golden Gate Model Railroad Club Exhibit from 11 a.m. to 4 p.m.

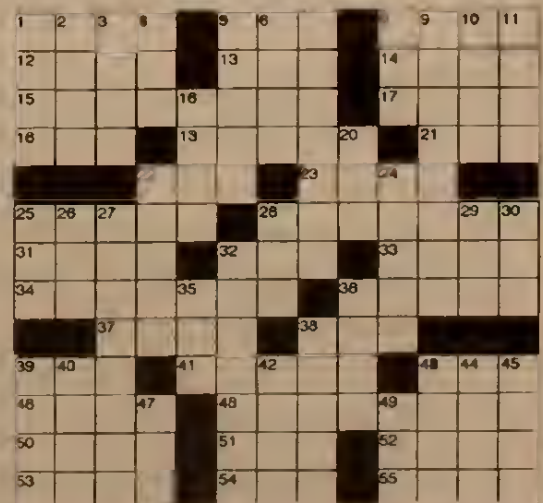
Town Hall Meeting In Portola District

Assemblymember Leland Yee will join members of other City departments at a town hall meeting in the Portola neighborhood scheduled for Thursday, Sept. 15 from 7 to 8:30 p.m. at the Martin Luther King Academic Middle School, 350 Girard St.

Crossword Puzzle

Solution on Page 11

- ACROSS
1 Scot. Island
5 Have debts
8 Diplomacy
12 Time period
13 Bled
14 Three-banded armadillo
15 Vega (2 words)
17 Eelworm
18 Month abbr.
19 Pokeweed
21 King (Sp.)
22 Move a camera
23 Nub
25 Yellow
28 Posalidon
31 Bare
32 Lugubrious
33 Of the mouth
34 Shaped like a club
36 Realm
37 With
38 Chairmn (abbr.)
39 Tablespoon (abbr.)
41 Father of Oedipus
43 Jap. Fish
45 Quod
46 demonstration
48 Hades
50 Air (pref.)
51 One (pref.)
52 Recent (suf.)



- 53 Arabian judge
54 Sheep's cry
55 Stone (pref.)
DOWN
1 P.I. food
2 Iodine source
3 Possessive pronoun
4 Compass Direction
5 Eng. Dramatist
6 Women's Army Aux. Corps (abbr.)
7 Irrate
8 Buff
9 Gap
10 Window lead
11 Salver
16 Rod
20 Drink of liquor
22 Ink
24 Fume
25 Television channel
26 Honey
27 Armbrand
28 No (Scott.)
29 Bobbsey twins
30 Guido's note
(2 words)
32 Layer
35 Mulberry of India
36 Alaska Hawaii Std. time
38 Papal court
40 Mineral tar
42 Savings (suf.)
43 Linden
44 Family relative
45 Elbe tributary
47 Thou (Fr.)
49 Amer. College of Physicians (abbr.)

Visitacion Valley Police Report

by Ingleside Captain Paul Chignell
Police Cases

"On July 22 at 5:22 a.m., an officer observed a transient urinating at Leland and Delta. The subject was cited and released. At 5 p.m., officers responded to the 1100 block of Sunnydale on a report of numerous juveniles throwing large rocks at passing cars. The officers captured one suspect who was hiding behind a pole. Inside his shirt were numerous rocks. He was cited to a juvenile halfway house at the request of his parent. The minor resides on the 700 block of Pacific.

"On July 25 at 4:25 a.m., officers went to the first block of Santos to investigate an ex-boyfriend attempting to gain entry to a residence. The suspect, who lives on Pomona, had a warrant for his arrest for driving unlicensed and no insurance. He also had narcotics paraphernalia on his person. At 6 p.m., officers went to the 1900 block of Sunnydale on a domestic dispute and arrested a resident for battery.

"On July 27 at 3:09 p.m., an officer was in the area of Schwerin and MacDonald when he observed a subject banging on the door of a Muni coach. The Muni bus took off and the officer stopped the suspect. When the officer confronted the resident of Daly City, the suspect stated in response to the officer's question, that he was armed with an automatic weapon. The officer searched him, found the loaded weapon and arrested him. The suspect is a convicted felon so he was charged with felonies. At 3:20 p.m., officers went to the 1800 block of Sunnydale on a report of a dispute over a bicycle and car. One suspect took a broom handle and stabbed the victim in the chest causing a serious injury. The suspect was located and booked for felony assault and possession of a dangerous weapon—he resides in the area.

"On July 28 at 11:14 p.m., officers went to the 1800 block of Sunnydale and arrested a suspect for violating a restraining order.

"On July 29 at 9 p.m., officers assisted the Daly City Police Department at 2700 Bayshore on a robbery investigation. During the course of the investigation they recovered a stolen vehicle that may have been used in a robbery and arrested a resident of the 3100 block of 26th Street for driving with a suspended license. The investigation is continuing.

"On July 30 at 3 p.m., officers went to the first block of Leland where a husband had beaten and bit his wife after she verbally upset him. The suspect was arrested for domestic violence. At 10:16 p.m., officers confronted a large group of rowdy juveniles at Sunnydale and Garrison. Most of the juveniles dispersed but two were combative with one actually striking one of the officers. A resident of Antioch was cited for battery and resisting arrest. Two others, one of whom lives in Antioch and the other on the 200 block of Rey, were cited for interfering.

"On July 31 at 1:21 p.m., an officer stopped a vehicle at Hahn and Visitacion for a stop sign violation. The driver, who lives on the 600 block of Lyon, was driving with a suspended license. He was cited and his 1993 Honda was towed.

"On Aug. 1 at 1:05 a.m., officers went to the 300 block of Arleta on a dispute. They encountered a resident there who was wanted on a \$10,000 warrant for drugs. At 3:24 a.m., officers went to the first block of Desmond on an auto burglary in progress. They were joined by another officer and obtained a description of a suspect who stole two ladders from a vehicle. The officer found the suspect nearby and also located the two ladders which were left in a doorway. They found a witness who positively identified the suspect, who is a transient, as the person who broke into the vehicle.

The suspect was arrested for burglary, receiving stolen property, giving a false name and a no bail parole violation. At 4:29 a.m., officers went to the first block of Brookdale on a dispute between two people over the pouring out of a beer. One of the combatants was wanted on a drug warrant. At 7:54 a.m., an officer was on the first block of Leland admonishing an individual who was drinking an alcoholic beverage in public. The resident of the 100 block of Tucker was out of compliance as a sex offender so was arrested on that charge.

"On Aug. 4 at 10:30 p.m., an officer was on the 100 block of Blythdale when he spotted a suspect who was wanted from an hour before in a domestic violence case from the Tenderloin district. The transient was booked on a battery charge.

"On Aug. 17 at 1:30 p.m., Ingleside officers and inspectors from the Domestic Violence Response Unit went to a hospital in San Mateo to interview a victim from the 700 block of Rutland who had been beaten severely about the body by her boyfriend. He had also threatened her with a shotgun and burned her with a pipe. The officers arrested the suspect in front of the residence on multiple felony charges.

"On Aug. 18 at 9:30 a.m., Ingleside officers and an inspector of the Domestic Violence Unit went to a residence on the 700 block of Rutland and executed a search warrant after a suspect was earlier arrested in a domestic violence case. The suspect was a convicted felon and was believed to possess firearms. Seven shotguns and rifles, a large quantity of ammunition and narcotics was found and there was fresh evidence of someone firing bullets into the walls of the residence.

"On Aug. 19 at 11:40 a.m., officers responded to the 200 block of Brookdale on a multi-car accident. One of the drivers, who resides on the 200 block of Paris, was very intoxicated, was driving with a suspended license and no insurance. He was booked on numerous charges.

"On Aug. 20 at 1:15 p.m., officers went to the first block of Blythdale on a dispute. They found that the protagonist, who lives on that block was in violation of a stay-away order.

"On Aug. 21 at 5:16 p.m., officers spotted a stolen vehicle at Visitacion and Hahn being driven by an individual. They followed the vehicle to the 1200 block of Bowdoin. The suspect was arrested for auto theft, possession of narcotics and warrants charging driving with suspended license. The suspect resides in Santa Rosa.

"On Aug. 23 at 2:30 p.m., an officer of the Gang Task Force stopped a wanted suspect on the 200 block of Rey and arrested the resident of the 100 block of Garrison on a burglary and fraud warrant.

"On Aug. 24 at 6:44 p.m., officers responded to Crocker Amazon Park on a report of a fight. When they arrived they located a juvenile who lives in the area who was carrying a mace. He was admonished and referred to his parents. At 6:45 p.m., a police lieutenant along with other officers was investigating a fight inside Crocker Amazon Park when she spotted one suspect in the company of another, the latter carrying a large vodka bottle. When the juvenile suspect spotted the lieutenant, he took off running. Numerous officers came to assist and the suspect was ultimately captured on Munich Street. The resident of 26th Street was cited for interfering with the police. At 7:35 p.m., officers went to the 1700 block of Sunnydale where a husband had beaten his wife with a folding chair. The suspect was arrested for felony charges.

"On Aug. 25 at 1:13 a.m., an officer stopped a vehicle at Leland and Alpha for an equipment violation. The driver, a resident of the 1000 block of Hollister, was unlicensed. He also had numerous misdemeanor warrants for his arrest. He

was arrested and his 1988 Isuzu was towed. At 12:28 p.m., a police sergeant responded to the 200 block of Blythdale on a report of men breaking into a vehicle. He determined that the men were simply repairing a vehicle but one, a resident of the 100 block of Brookdale, was wanted on misdemeanor warrants. At 2:28 p.m., a victim was standing at the corner of Castillo and Geneva when two suspects approached him, threw him against a fence and went through his pockets taking his wallet and money. An inspector of the Narcotics Detail happened to be driving by and observed the end of the robbery. He yelled at the suspects at which point they ran away towards the Sunnydale public housing. The inspector broadcast a description of the robbers. Ingleside officers began a search of the area. One suspect was spotted between buildings. The suspect was detained and handcuffed. The officers then began a methodical search for the second suspect. Witnesses in the area advised the officers that a suspect had entered a residence on the 200 block of Hahn. The officers went to that location and found that the suspect had just left. They then went to the Rey and Garrison area and spotted the suspect amongst a number of loiterers. He was detained. The victim and the inspector identified the suspects. One suspect is 16 years old, 6'4", 260 lbs and resides on Blythdale. The second suspect resides on the 200 block of Hahn, is also 16 years old, 5'11" and 275 lbs. Both suspects were booked for robbery and conspiracy. At 2:50 p.m., officers spotted a wanted suspect on the 100 block of Blythdale. The juvenile, who resides on the 1500 block of Sunnydale, was arrested on a no bail warrant for commitment to the Youth Authority. At 7:45 p.m. two victims were hanging out in Crocker Amazon Park when they were confronted by three suspects. A fight ensued with one suspect fir-

ing a round from a handgun near the head of a victim. Two uncooperative victims were treated at St. Luke's for injuries but not attributable to the shot fired.

Police Summaries

*July 22 9:17 p.m., Sunnydale Ave. & Sawyer St., shooting, victim in vehicle, minor injury
*July 23 1:32 a.m., First block of Blythdale Ave., homicide, multiple shots, victim found in street
*July 23-28 2:30 a.m.-7:30 a.m., First block of Blythdale Ave., burglary, kitchen window, clothes
*July 24 5:30 p.m., Wilde & Tioga Aves., robbery, gun, money taken
*July 24 Bacon & Princeton Sts., found 1991 Honda
*July 24 200 block of Blythdale Ave., threats
*July 24 100 block of Brookdale Ave., dispute
*July 24 Geneva Ave. and Santos St., battery
*July 24 500 block of Raymond Ave., forgery
*July 24 First block of Santos St., harassing phone calls
*July 24 first block of Santos St., elder abuse, battery
*July 24 1600 block of Sunnydale Ave., domestic violence
*July 24 1800 block of Sunnydale Ave., threats, malicious mischief
*July 24 1900 block of Sunnydale Ave., found 1989 Toyota
*July 24 1900 block of Sunnydale Ave., found 1991 Honda
*July 25 300 block of Delta St., found 1990 Toyota
*July 25 Sunnydale and Hahn St., domestic violence
*July 26 Geneva and Santos St., stolen 1984 Toyota
*July 26 First block of Loehr St., threatening phone calls
*July 28 First block of Blythdale Ave., domestic violence
*July 28 230 Brookdale Ave., stolen 1992 Nissan
*July 28 Geneva and Santos St., stolen 1984 Toyota
*July 28 1526 Sunnydale Ave., stolen 1988 Dodge
*July 28 700 block of University St., identity theft
*July 29 First block of Blythdale Ave., dispute, suspects detained and released
*July 29 200 block of Rey St., trespassers on roof
*July 29 11 p.m., First block of Brookdale Ave., felony assault, domestic violence
*July 30 305 Harkness Ave., stolen 1984 Toyota
*Aug 1 140 Ankeny Ave., stolen 2004 Honda
*Aug 1 Bayshore Blvd. and Arleta Ave., homeless person sleeping, moved on
*Aug 1 Silver Ave. and Girard St., stolen 1993 Dodge
*Aug 1 1700 block of Sunnydale Ave. Mental Detention
*Aug 1 1901 Sunnydale Ave., found 1991 Toyota
*Aug 2 73 Brookdale Ave., found 1992 Nissan
*Aug 2 1 Blythdale Ave., found 1986 Toyota
*Aug 2 1800 block of Sunnydale Ave., theft of checks, suspect known
*Aug 3 7:10 p.m., 2200 block of Bayshore Blvd., felony assault, man hit on head and left on ground
*Aug 3 8:20 p.m., Crocker Amazon Park, robbery, 3 gangsters stopped 14-year-old boy and took his

money under threat of bodily harm
*Aug 3 9:08 p.m., Crocker Amazon Park, gunshots
*Aug 4 12:25 p.m., Crocker Amazon Park, felony assault, blunt object, dispute over game
*Aug 4 6 p.m., 100 block of Schwerin St., shooting into window
*Aug 4 100 block of Blythdale Ave., malicious mischief, broken bottles
*Aug 5 9:15 a.m., 1800 block of Siltman Ave., robbery, pursesnatch, two suspects
*Aug 5 8 p.m., First block of Blythdale Ave., arson of vehicle
*Aug 7 First block of Blythdale Ave., vandalism, window
*Aug 7 Oxford St. & Siltman Ave., battery
*Aug 7 200 block of Rey St., gang member violating stayaway order
*Aug 7 San Bruno & Wilde Aves., possible assault
*Aug 7 Sunnydale Ave. & Hahn St., found 1994 Honda
*Aug 7 1900 block of Sunnydale Ave., malicious mischief
*Aug 8 Cambridge & Felton Sts., found 1997 Cadillac
*Aug 17 5:15 p.m., San Bruno Ave. & Mansell St., robbery, 20 suspects on bus grab iPod from victim
*Aug 17 9 p.m., 300 block of Campbell Ave., robbery, firearm used to rob wallet
*Aug 17 1700 block of Geneva Ave., found license plate
*Aug 18 Santos St. & Brookdale Ave., battery
*Aug 18 1900 block of Sunnydale Ave., trespassing, malicious mischief
*Aug 21 100 block of Arleta Ave., auto break-in
*Aug 21 26 Argonaut Ave., stolen 1995 Dodge
*Aug 21 100 block of Brookdale Ave., domestic violence
*Aug 21 145 Cora St., stolen 1987 Toyota
*Aug 21 200 block of Rey St., malicious mischief
*Aug 21 3300 block of San Bruno Ave., mental detention
*Aug 21 100 block of Santos St., theft from building
*Aug 21 500 block of Sawyer St., death, 47-year-old woman
*Aug 22 8:30 p.m., Rutland St. & Teddy Ave., robbery, juveniles set upon victim and beat him, took backpack
*Aug 22 1882 Sunnydale Ave., found 2000 Acura
*Aug 22 232 Talbert St., stolen 1984 Toyota
*Aug 23 5 p.m., Schwerin St. & Sunnydale Ave., robbery, three suspects set upon victim and try to steal cell phone, suspects beat victim but victim fights back and holds on to cell phone
*Aug 23 9:57 p.m. Visitacion Ave. & Rutland St., robbery, suspects set upon victim and placed him in a chokehold to take his wallet and satchel
*Aug 23 600 block of Rutland St., vandalism
*Aug 23 Santos and Geneva Ave., found 1989 Nissan
*Aug 23 First block of Santos St., mental detention
*Aug 23 1800 block of Sunnydale Ave., battery
*Aug 24 7:50 p.m., First block of Blythdale Ave., sexual assault between two small children
*Aug 24 First block of Brookdale Ave., domestic violence
*Aug 24 500 block of Visitacion Ave., malicious mischief

Groundbreaking of the San Francisco Museum at the Old Mint

The ceremonial groundbreaking for the San Francisco Museum at the Old Mint, Fifth and Mission Streets will begin at 5:30 p.m. Friday, Oct. 7, announced Gil Castle, executive director of the S.F. Museum and Historical Society.

Mayor Gavin Newsom will preside over the historic event, which is expected to include former mayors and national political leaders.

The groundbreaking will be followed by "a festive evening of dancing to the Richard Olsen Orchestra, dining catered by McCall Associates and an auction with celebrity auctioneers, inside the elegant building," said Christina Waldeck, event chair.

A world-class museum that celebrates the City's past, present and future will be housed in the 130-year-old "Granite Lady," one of

the most notable buildings in the country to be constructed in the Greek Revival style.

How can an organization take all the diverse pieces of the City and incorporate them into one entity? "By merging historic elements with exciting, technologically-sophisticated designs," said Castle. "The new museum will superimpose the legacy of the Old Mint on a layer of forward-looking educational programs," said Castle.

The museum will be the first institution to interweave threads from a multitude of groups that serve as a foundation for the City, a unique mission that will also direct visitors to other institutions and historical sites.

The conversion of the Old Mint into a museum will adhere to strict standards of historic preservation.

Seismic work is scheduled to begin by the end of this year.

Plans call for the building to include a Gold Rush museum, a high-end restaurant and a destination center for tourists.

The organization's initial vision statement for the project will be released in the near future for commentary from the general public.

Those additions will be carefully reviewed by a special committee whose mandate is to ensure that the museum reflects the desires of the community at large.

Proceeds from the ground-breaking event will benefit the non-profit San Francisco Museum and Historical Society, which preserves, interprets and presents the historical heritage of San Francisco from its varied natural history to its lively human history.

Christian Concert
Rock of the Bay
Crusade for Jesus
Citywide Outreach
Saturday, September 17th
McLaren Park Ampitheater
12 noon to 4 p.m.
Everyone Welcome!
Pack a lunch and enjoy the day!

Bayview Police Station Update

by Bayview Captain Rick Bruce
Police Cases

*On July 23 at 1 p.m., officers responded to the 3100 block of San Bruno Avenue on a call of a robbery. Upon arriving to the commercial establishment the owner of the store stated that five suspects entered his store at different intervals with the last two wearing ski masks. Upon entering they closed the front door and pointed a gun to the owner head. The suspects then proceeded to take clothing and money from the cash register. It should be noted that the suspects were described as Samoan and African American. Upon the suspects leaving the store they got into a vehicle and fled the scene in an unknown direction. Several units responded to the area searching for the suspect vehicle with negative results. It should be noted that the suspects were also described as 15 to 19 years old and the loss was mostly clothing.

*On July 24 at 4:40 p.m., an officer responded on a burglary call on the 1700 block of Silver and met with the elderly (81) and bedridden woman who reported that, when her caretaker went to buy some groceries, two suspects entered her room. Both suspects wore hoods and one of them was armed with a black gun. The suspects stole the victim's purse and then fled. Suspect one is a black male, 16-18, 5'6", 130, wearing all black clothing, hood over face and gloves, armed with a gun. Suspect two is a black male, 5'10", 170, wearing all black clothing, a black beanie, dark sunglasses and black gloves.

*On July 24 at 6:53 p.m., officers responded on a vandalism call and spoke with the male caller on the 400 block of Tocoloma who reported that a well-known neighborhood nuisance had been seen vandalizing a fence in the children's playground. The suspect is the subject of a City Attorney code abatement action due to numerous violations at his residence on Lathrop.

*On July 25 at 4:07 a.m. at Silver and Girard, officers were on patrol when they stopped a vehicle for traffic violations and determined that it was a stolen auto. The driver, living in East Palo Alto, was booked for stolen auto and driving with a suspended license.

*On July 25 at 10:05 p.m., an officer responded to the Bell Market at 1390 Silver on a robbery call and spoke with the manager who reported that four men, armed with guns, had just robbed the store. The security guard for the store was present and was pistol-whipped by the suspects. Suspect one is black male, 17-20, 5'10", 180, wearing a black beanie, gray bandanna, dark jacket with gray on the side, and blue jeans. Suspect two is a black male, 6'0", 170, wearing a black sweater with a hood over his head, white bandanna, and black baggy jeans. Suspect three is a black male, 5'9", 160, wearing a white bandanna, dark puffy jacket with a hood over his head, and baggy blue jeans. Suspect four is a black male, 5'9", 150, wearing a white bandanna, white sweater, and baggy blue jeans.

*On July 26 at 4:43 a.m., officers were on patrol at 3130 San Bruno when they came upon a man sleeping on the sidewalk. The man told officers that his girlfriend had kicked him out of their apartment following an argument. The man, living on the 1200 block of Fitzgerald, was booked for two felony warrants.

*On July 27 at 12:50 p.m., an officer responded on a shooting call at San Bruno and Woolsey and spoke with a witness who had seen two men standing on San Bruno Avenue shooting a gun in the direction of the 76 Unocal Gas Station. The suspects were described as (1) a black male, 5'6", 120, young looking,

wearing all dark clothing, and (2) a black male, 5'8", 140, young looking and wearing all dark clothing. A second witness contacted the police and related that he had seen a third young man throwing a handgun into some bushes on San Bruno Avenue. The officers went to the area and located the handgun. The third suspect is described as a Hispanic male, 20's, 5'5", 120, wearing a black hooded sweatshirt. No victims were ever located.

*On July 31 at 1:02 p.m., officers responded to the 1200 block of Wayland Street on a report of a fire. The resident of the house that was on fire advised the officers that he had marijuana plants inside. SFFD also advised the police that the garage was covered with marijuana plants. Narcotic Bureau officers responded to conduct the investigation. The man was arrested for cultivating marijuana.

*On Aug. 8 at 1 a.m., two victims were seated in their parked car at Felton & San Bruno when they were approached by two suspects who demanded money. As the victims hesitated, one suspect produced a handgun placing it directly into the drivers stomach. The driver then gave his wallet and contents before both victims exited the vehicle and began running away. Both suspects entered the vehicle and drove off.

*On Aug. 10 at 4 p.m., an officer was on patrol in a marked unit on the 300 block of Goettingen when a man flagged him down. The man said that 28 minutes before he was sitting in a parked car waiting for a friend when a suspect pointed a gun at him and demanded money. Fearing for his safety, the man gave the suspect his money. The victim then drove around for 28 minutes looking for a police officer. The suspect is described as: black, male, 23-25 yrs. old, 150 lbs, black hair.

*On Aug. 10 at 6:45 p.m., officers were on uniformed patrol in a marked unit at San Bruno and Silver when they saw a car with defective brake lights. As they followed the vehicle, it pulled into a gas station. The driver immediately got out of the car and looked back at the officers. The officers noticed that he was holding something in his waistband area with his hand. The officers told the driver to stop, but the driver walked into the cashier area. When the officers followed the driver in, they saw the driver now walking toward them from behind the cash registers. The officers detained the driver and attempted to handcuff him, but the driver stiffened up and started to resist. After a short time, the officers handcuffed the driver. The officers asked the cashier if the driver dropped anything and the cashier pointed to a bag of cocaine that was on the ground.

*On Aug. 11 at 1:22 a.m., officers responded and met a woman on 3000 block of San Bruno who said she was robbed. She told the officers that she saw a man at a bus stop, which is located in front of her house. As she walked by him to go to her front door, the man grabbed her purse and tried to pull it from her shoulder. The woman held on and refused to let go. The man then hit her in the face 8-12 times. The woman still refused to let go and screamed. The man ran away. Numerous officers searched for the suspect with negative results. The woman was transported to St. Luke's Hospital for treatment. The suspect is described as: black male, 15-18 yrs. old, 150 lbs.

*On Aug. 11 at 7:30 a.m., an officer responded to assist another officer on a traffic incident at San Bruno and Olmstead. He conducted a computer check of the driver and discovered outstanding misdemeanor warrants for his arrest.

*On Aug. 11 at 1:54 p.m., a plainclothes sergeant told officers to search for a man who had an outstanding felony warrant. The officers saw the man inside a truck driving by at Wayland and Goettingen. The officers stopped the truck and

arrested the man.

*On Aug. 12 at 8:15 p.m., officers responded to the area of Hamilton and Bacon and made contact with a victim. The officers observed that the victim was crying and disheveled. Her clothing appeared as if she had been in a fight. She had a lip that was bleeding. She told the officers that her boyfriend hurt her. She was able to call 911 but did not talk with the dispatcher. She left the phone off the hook so the dispatcher could hear what was going on. When the officers arrived, they were not able to gain entry and the suspect kept the victim from answering the door. The officers didn't leave the area and the victim was able to call again, after the suspect left. He was arrested out on the street.

*On Aug. 12 at 4:30 p.m., a man was walking in the area of the 300 block of Somerset when he was robbed. He said the suspect pointed a gun at him and took his wallet. The suspect was described as a black male 18 to 25 years old, and weighing 185 pounds. He was further described as being clean cut and handsome, like an athlete.

*On Aug. 19, an officer was working uniform patrol. Communications dispatched him on a call of two children in the street near Silliman and Dartmouth. When he arrived he spoke with a witness that stated that she was on her way home when she observed her neighbors playing in the street. Her neighbors were a total of 3 years old. The officer began an investigation and determined that the children were left in the custody of two individuals. One did not realize she was watching the kids. CPS responded and took over the investigation. No one was arrested.

*On Aug. 19 at 4:55 p.m., a victim at San Bruno and Felton told officers that three suspects blocked his path on the sidewalk. One asked to use his cell phone. The three corralled him in a doorway and then stole his phone. The first suspect reached in his pocket and took his money.

*On Aug. 20 at 8 p.m., one victim was in a car at Cambridge and Silver while the driver went into a corner store. The victim in the car saw a beige van pull up behind them. One suspect entered the back seat and put a gun to the victims' head. The second suspect drove the vehicle. The victim gave the suspects his money and then jumped out of the vehicle. The officers called the victim two hours later to get the information on the vehicle. The victims told the officers that they were at a party and were not able to get the information (license plate number) for the vehicle that was carjacked from them.

*On Aug. 23 at 6 p.m., a loss prevention agent on the 1300 block of Silver watched as the suspect placed an item in his pants and then did not pay for it. Police were called and took custody of the suspect. Without a previous arrest, he was cited and released.

*On Aug. 25 at 2 p.m., an officer responded to a call from a citizen on the 400 block Somerset who stated that there was an individual in her back yard that did not belong there. The suspect had told the reporter that she was an insurance agent. Officers arrived and the witness did the right thing, watched where the suspect went and immediately notified the officers arriving. Other officers fanned out and the suspect was located hiding behind a wall. The suspect tried to play it off like she had the right to be where she was. She was arrested for criminal trespassing and found to be on parole.

Police Summaries

*July 23: 11 a.m., 2200 block of San Bruno Ave., missing juvenile.

*July 24: 3:38 p.m., 2767 San Bruno Ave., missing adult.

*July 24: 3:40 p.m., 631 Girard St., mental health detention.

*July 25: 4:07 a.m., Girard St. & Silver Ave., recovered stolen auto.

*July 25: 2:04 p.m., Holyoke & Felton Sts., vandalism.

*July 25 2:30 p.m., 1127 Bowdoin St., burglary, residence.

*July 25 4:30 p.m., 539 Girard St., lost property.

*July 25 5 p.m., 900 block of Goettingen St., child concealment.

*July 25 5:30 p.m., 657 University St., stolen motorcycle.

*July 27 8:20 a.m., Bacon & Somerset Sts., stolen auto.

*July 27 9:20 a.m., 415 Felton St., stolen auto.

*July 27 10:55 a.m., 406 Dwight St., recovered stolen auto.

*July 27 11:15 a.m., Goettingen & Bacon Sts., recovered stolen auto.

*July 27 5:18 p.m., 1433 Wayland St., lost property.

*July 27 11:21 p.m., 1433 Wayland St., mental health detention.

*July 28 12:45 a.m., 1524 Silver Ave., vandalism, windows.

*July 28 4:45 a.m., Silver & San Bruno Aves., stolen auto.

*Aug 1 8:30 a.m., 700 Sunnydale Ave., stolen license plate.

*Aug 2 1 p.m., 1300 Silver Ave., shoplifting, attempt.

*Aug 3 8:38 a.m., Bayshore Blvd. & Bacon St., driving without a license.

*Aug 3 9:20 a.m., Bayshore Blvd. & Bacon St., driving without a license.

*Aug 4 6 a.m., 900 Woolsey St., death report.

*Aug 4 9 p.m., 500 Somerset St., fraudulent credit.

*Aug 6 7:19 a.m., 700 block of Olmstead St., recovered stolen auto.

*Aug 8 Tocoloma & Blanken Aves., pursesnatch.

*Aug 8 300 block of Hamilton St., malicious mischief, window on vehicle.

*Aug 10 5:33 p.m., 300 block of Girard St., vandalism to vehicle.

*Aug 11 9 a.m., Wayland & Girard Sts., stolen auto.

*Aug 11 11 a.m., 1338 Bacon St., burglary.

*Aug 12 11:55 p.m., 1300 block Bacon St., burglary, jacket.

*Aug 12 7 a.m., Bayshore Blvd. & Sunnydale Ave.,

auto boost.

*Aug 12 9:45 a.m., 625 Vistacion Ave., stolen auto.

*Aug 12 11:05 a.m., 201 Olmstead St., mental health detention.

*Aug 13 12:15 p.m., 100 Mansell St., recovered stolen auto.

*Aug 13 12:15 p.m., Girard St. & Harkness Ave., stolen auto.

*Aug 13 5:30 p.m., 1015 Silver Ave., vandalism, windows.

*Aug 13 8:30 p.m., Arleta Ave. & Delta St., recovered stolen auto.

*Aug 14 10 p.m., 2895 San Bruno Ave., burglary, store, miscellaneous incidents.

*Aug 15 12:30 p.m., Sunnydale Ave. & Cora St., hit-and-run.

*Aug 15 12:47 p.m., 107 Wayland St., recovered stolen auto.

*Aug 15 6:33 p.m., 2863 San Bruno Ave., found juvenile.

*Aug 15 10:40 a.m., 731 Girard St., found property.

*Aug 16 5 a.m., 600 Hamilton St., auto boost.

*Aug 16 3:20 p.m., 1390 Silver Ave., shoplifting.

*Aug 16 10:37 p.m., San Bruno Ave. & Mansell St., injury accident.

*Aug 17 9:30 a.m., Wayland & Brussels Sts., auto boost.

*Aug 18 4 p.m., 600 block of Silliman St., burglary, ring stolen.

*Aug 18 8 p.m., San Bruno Ave. & Wayland St., theft from auto, camera.

*Aug 19 6:40 p.m., 1200 block of Bowdoin St., assault.

*Aug 20 11:15 a.m., 1200 block Bowdoin St., burglary.

*Aug 24 1:30 p.m., 2800 block San Bruno Ave., theft of checks.

*Aug 24 7:45 p.m., 2900 block San Bruno Ave., robbery.

*Aug 25 10 p.m., 1500 block Silver ave., battery.

*Aug 25 4 p.m., Unit block of Blythdale Ave., fraud.

Acting Bayview Captain Lt. Kurt Bruneman contributed to this report.

Innovative Approach to Community Policing

From Page 1

***New Police Officers:** Included in this year's budget, signed into law yesterday, there is now full funding to recruit and train 150 new police officers.

Youth Services

***More than 350 after-school programs:** 140 programs funded through the Department of Children Youth and Their Families. A list of these services will be provided to the community police officers, community organizers and city government officials.

***Mayor's Youth Education and Employment Program:** More than 1000 jobs for youth have been created, in the coming weeks, these programs will be integrated into the community organizers portfolios as options for anti-violence efforts among young people.

***Wellness Centers in eight high schools:** Announced in the Spring of this year, Wellness Centers will be providing early intervention and help for youth at their most vulnerable stage of development.

***Safe Start:** Providing intensive services for children exposed to violence.

***Universal Pre-K:** Announced late last month, San Francisco is leading the state in the development of a universal pre-K. Studies have shown that this is among the most effective ways of creating a healthy environment for children to develop.

Job Creation

***Citybuild:** To be launched in the next month by the Mayor's Office of Economic and Workforce Development (MOEWD), Citybuild is a major new initiative aimed at hiring disadvantaged residents onto City-sponsored capital projects.

***Shipyard job training program:** A new announcement, this is a partnership with the city and Lennar is providing \$225,000 annually in job training and employee assistance services for Bayview-Hunters Point (BVHP) Area residents. These services will be delivered by local organizations that have a successful track record in serving the community. The funds will be directed to four areas: Construction Skilled Trades Training, Occupational Skills Training, Youth Development and Professional Services Training.

***Emporium job training:** A new announcement, the new Emporium project is expected to create more than 2,000 new permanent jobs, primarily in the retail sector. In addition, there will be 1,900 construction jobs created. The city is partnering with the Developer, Westfield, to invest \$400,000 in job training and placement services targeted at getting disadvantaged residents into these permanent

jobs.

Community Development

***Communities of Opportunity:** A year long in development, this is a pilot program that utilizes community and public/private partnerships currently in Visitation Valley and Bayview to integrate physical improvements, intensive social services and new employment opportunities. Best practices will be customized and implemented in Western Addition and Mission.

***Launch of Advancement Area:** Citywide initiative to increase accountability and effectiveness among Community Based Organizations beginning in January 2006.

***Business Development:** Establishment of Resident Entrepreneurial Advancement Program to increase small business and job creation in distressed neighborhoods; \$1 million SFShines initiative to revitalize neighborhood commercial corridors throughout City.

Criminal Justice

***Strengthening Operation Ceasefire:** Fully funded with a \$500,000 grant to six community-based agencies in the FY '05-'06 budget (backfilling federal cuts), Ceasefire is the City's primary suppression and intervention program dealing with violence, gangs and crime. Ceasefire deters violent behavior by targeting and reaching out to our most chronic, serious offenders, setting clear standards for their behavior.

Gang-Free Communities Initiative:

At least 30 percent of all crimes in the Mission are gang-related, and in Bayview Hunters Point at least 20 percent of all crimes are gang-related. In both communities, approximately 2 percent of all 11 to 24 year-olds are involved with gangs, and only a small percentage of those individuals are committing violent crimes. Gang-Free coordinates services and support to a targeted group of highly active, violent gang members, coordinating institutions and individuals to ensure effective use of resources.

***SafetyConnect:** A new initiative, this has been created in response to the needs of victims of violence, their families and loved ones. The goal is to protect the integrity of the location of the incident and investigation, respect the rights of family and loved ones, support the victim and provide support for the communities impacted. SafetyConnect establishes a protocol to be followed when a homicide occurs, ensuring that city and community representatives will provide outreach to families and others at the scene, within 48-72 hours, as well as ongoing response like environmental assessments and mental health and victim services.

Visitation Valley Business Directory

Valley free listings in the 415 area code.
Call the Grapevine at (415) 467-9300.

ANTIQUES
J.M. CHINESE ANTIQUES & AQUARIUM, 144 Leland Ave., 586-1038
AUTOMOTIVE
BAYSHORE AUTO, 2260 Bayshore Blvd., 467-6130
BAYSHORE SERVICE, 2596 Bayshore Blvd., 239-5239
BROTHERS AUTO BODY, 2520 Bayshore Blvd.
CHARLIE'S GARAGE, 2550 Bayshore Blvd., 239-7450
T.W. AUTOMOTIVE, 2500 Bayshore Blvd., 585-8281
BANK
BANK OF AMERICA, 6 Leland Ave., 622-4501
BAKERS
LITTLE OUIAPO BAKE SHOP, 169 Leland Ave., 239-2253
BARBERS
DeMASIS BARBER SHOP, 35 Leland Ave.
THE SHOP (JB), 178 Leland Ave., 239-6709
BEAUTICIANS
BODY, SOUL & SPIRIT, 222 Leland Ave., 333-7261
MAY MAY BEAUTY SALON, 60 Leland Ave., 337-9381
MIZ RENA'S SALON, 19 Blanken Ave., 467-3399
NAILS BY JENNY, 50 Leland Ave., 333-6800
WHO'S BADO, 224 Leland Ave., 657-3156
BLIND CLEANING
SPEEDY ULTRASONIC BLIND CLEANING (commercial and residential), 1116 Girard St., 467-7506
BOARDING HOUSE
ABLE'S CASA, 850 Rutland St., 333-4664, fax 333-4693
BOOKKEEPERS
AMY ARAGON, PROFESSIONAL BOOKKEEPER, 467-8927
VERNA WALLACE E.A., 2320 Bayshore Blvd., 239-5333
CARPETS
HANSA INTERIORS, 41 Leland Ave., 333-6382
CASKETS
CASKETORIUM, INC., 93 Leland Ave., 585-3451
CHURCHES
CHURCH OF THE VISTACION, 655 Sunnydale Ave., 239-5950
IGLESIA EL ESPIRITU SANTO, 38 Leland Ave.
KOREAN FIRST PRESBYTERIAN CHURCH, 333 Tunnel Ave., 468-1213
RIDGE VIEW UNITED METHODIST CHURCH, 590 Leland Ave., 239-5457
ST. JAMES PRESBYTERIAN CHURCH, 240 Leland Ave., 586-6381
VALLEY BAPTIST CHURCH, 305 Raymond Ave., 467-6055
VISTACION CHINESE BAPTIST CHURCH, 8 Desmond St., 333-4503
COFFEE
CANDLESTICK COFFEE, 2155 Bayshore Blvd., 467-2442
HAPPY DONUT, 2500 Bayshore Blvd., 469-6309
JOE, 28 Leland Ave.
DAY CARE
CAROUSEL DAY CARE, 261 Hahn St., 469-5353
DENTIST
VISTACION VALLEY DENTAL OFFICE (Albert Kuan, DDS), 37 Leland Ave., 239-5500

DEVELOPERS
VISTACION VALLEY COMMUNITY DEVELOPMENT CORPORATION, 1099 Sunnydale Ave., 587-7895
ELECTRICAL
TATE ELECTRIC (Joel Tate), 467-4657
FLORISTS
IL FIORE FLOWERS, 2466 San Bruno Ave. 468-0145
GARDEN ORNAMENTS
SILVESTRI GARDEN ORNAMENTS, 2635 Bayshore Blvd., 239-5990
GROCERS
CASALopez PRODUCE, 58 Leland Ave., 586-4745
E-Z STOP MARKET, 2203 Geneva Ave., 585-9240
FIVE MILE MARKET, 3574 San Bruno Ave., 467-7300
K.C. MARKET, 400 Wilde St., 467-3024
LA LOMA PRODUCE #2, 65 Leland Ave., 239-7520
LITTLE VILLAGE MARKET, 1450 Sunnydale Ave., 586-1815
M & M SHORTSTOP, 2145 Geneva Ave., 585-0878
PICOLO PETE, 2155 Bayshore Blvd., 468-6800
7-11, 2200 Bayshore Blvd., 468-8646
SHUN LEE MARKET, 2400 Bayshore Blvd., 586-4851
SMITTY'S MARKET, 2610 Bayshore Blvd., 239-5506
SUPER FAIR MARKET, 201 Leland Ave., 239-6856
TEDDY'S MARKET, 298 Teddy Ave.
HERBS
SAN ON HERBS, 33-A Leland Ave. 333-7469
HYPNOTHERAPY
VALERIE HABEGGER-HYPNOTHERAPY, 371 Teddy Ave., 468-5631
INSURANCE
EDIE EPPS (A.H.E. INSURANCE), 467-0236, Fax 467-0276
ROBERT LEHMAN, CLTC (Blue Cross), 333-0850
KITCHEN CABINETS
LEE CHANG INTERNATIONAL, 25 Leland Ave., 333-2730
LAUNDRY CLEANERS
BAY WASH, 44 Leland Ave.
CITY WASH, 83 Leland Ave., 333-9467
COIN WASH & DRY LAUNDRY, 186 Leland Ave.
FORTY-NINER CLEANERS, 51 Leland Ave., 239-6418
LELAND AVENUE CLEANERS, 151 Leland Ave., 586-1412
VALLEY LAUNDRY, 90 Leland Ave.
VISTACION VALLEY LAUNDRY, 108 Leland Ave., 239-9030
LEARNING
3-N-1 LEARNING ACADEMY, 240 Leland Ave., 584-8555
VISTACION VALLEY COMMUNITY BEACON CENTER, 450 Raymond Ave., 452-4907
VISTACION VALLEY FAMILY SCHOOL, 325 Leland Ave., 585-9320
LIBRARY
VISTACION VALLEY BRANCH, 45 Leland Ave., 239-5270
MANUFACTURER
NATIONMADE PAPER, 345 Schwerin St., 586-9160
MEDICAL
AMERICAN RED CROSS, BAY AREA CHAPTER, 1704 Sunnydale Ave., 584-3620
HAWKINS VILLAGE MEDICAL CLINIC (Dept. of Public Health), 1099 Sunnydale Ave., Appointments: 715-0310
DR. SAM HO, MD, 9 Sillman St. No. 4, 337-6135
NORTHEAST MEDICAL SERVICES, LELAND AVENUE, 82 Leland Ave., 391-9686 (ask for Leland Avenue clinic)
PORTOLA FOOT & ANKLE CLINIC (Dr. Diwyang Patel), 2858 San Bruno Ave. 467-7500

NOTARY
ROYAL PACIFIC MORTGAGE, 46 Leland Ave., 333-4900
ORGANIZATIONS
ASIAN PACIFIC AMERICAN COMMUNITY CENTER, 2442 Bayshore Blvd., 587-2689
GENEVA TERRACE PROPERTY OWNERS ASSOCIATION, 60 Burr Ave., 584-2700
GIRLS AFTER SCHOOL ACADEMY, 2050 Sunnydale Ave., 333 Schwerin St., 584-4044
JOHN KING SENIOR COMMUNITY, 500 Raymond Ave., 239-6233
LELAND HOUSE, 141 Leland Ave., 405-2000
ROCK (Real Options for City Kids), 590 Leland Ave., 333-4001
VISTACION VALLEY SENIOR CENTER, 66 Raymond Ave., 467-4499
PHARMACY
VISTACION VALLEY PHARMACY, 100 Leland Ave., 239-5811
PHOTOGRAPHER
WALTER CORBIN PHOTOGRAPHY (freelance), 435 Sawyer St., 587-9471, fax 337-8620
PLUMBING
MARK VOELKER PLUMBING, 99 Arleta Ave., 467-7401
POST OFFICE
VISTACION USPO, 68 Leland Ave., (800) 275-8777
REAL ESTATE
JUSTYNA P. TO (Century 21), 2488 Junipero Serra Blvd., Daly City 94015, (650) 991-5215, Mobile (415) 830-1235
CATHY KLINE SAUNDERS (Zephyr Real Estate), 215 West Portal Ave. 731-5011 ext 163
RESTAURANTS
BAYSIDE CAFE, 2011 Bayshore Blvd., 467-2023
CLIFF'S BAR-B-Q & SEAFOOD, 2177 Bayshore Blvd. 330-0736, Fax 330-9813
G & L BAKERY & RESTAURANT, 198 Leland Ave., 239-6283
HERNANDEZ TAQUERIA & BAKERY, 98 Leland Ave., 587-7721
LUAN FAT BAKERY, 110 Leland Ave., 585-1167
PHO Y & G RESTAURANT, 73 Leland Ave., 469-5686
TWO JACKS, 167 Leland Ave., 337-0433
SCULPTOR
CARTORIGIALS (Mikal Carlor), 2 Hahn St., 239-4138
SELF-DEVELOPMENT
DYNAMIC DEVELOPMENTS (Marjorie Ann Williams, CEO, Career and Self-Enhancements Specialist) 467-7608
SERVICE PROVIDERS
THE VILLAGE, 1099 Sunnydale Ave., 239-5045
VISTACION VALLEY BILINGUAL EDUCATION, SUPPORTIVE SERVICES & TRAINING (VVBESST), 120 Leland Ave.
VISTACION VALLEY COMMUNITY CENTER (VCCC), 50 Raymond Ave., 467-6400
VCCC FAMILY & COMMUNITY SERVICES CENTER, 161 Leland Ave., 586-6998, Fax 586-8027
VISTACION VALLEY JOBS, EDUCATION AND TRAINING (VVIJET), 1099 Sunnydale Ave., 239-2866
TAVERN
THE CLUB HOUSE, 25 Blanken Ave.
TELEPHONE
D & A WIRELESS, 78 Leland Ave., 452-4139
VARIETY
GOLDEN 99 CENTS ZONE, 5-7 Leland Ave., 333-3923

Laugh a Little and Feel a Lot Better

by Jerry Lewis

Life is better when you laugh. Whether you're 9 or 79, whether you're rich or poor, whether you have an incurable disease or not, you should laugh as often as possible.

I'm convinced that laughter heals much of what goes wrong with us. I've been a comedian since I was 5 years old, so I've seen a lot of healing.

That's why I've spent the last 10 years doing Laughter and Healing seminars at medical centers across the country.

A few years ago, my doctors told me I had a serious disease that could take my life. I could hardly breathe from this disease that was destroying my lungs. But I kept laughing.

I laughed even when I was on a drug that made me look like a blimp, even when I didn't know whether I would wake up the next morning. And I kept other people laughing. I'm much better now, and I'm still laughing - especially at the doctors who told me I might not live this long.

Laughter is healing because it makes you feel better. No one knows that better than the kids and adults we help at the Muscular Dystrophy Association.

I know a guy with ALS - Lou Gehrig's disease - who carries a page of jokes with him wherever he goes. He can't walk or talk but he can communicate and smile! Children with neuromuscular diseases who spend a week at an MDA summer camp laugh almost around the clock.

People zipping around in their first power wheelchairs, obtained with help from MDA, can't stop grinning over the new freedom those chairs represent.

I wish laughter could heal people completely, but it can't. "My kids" need doctors to give them the right medicines and therapies. We need the MDA-funded scientists who are

figuring out the mysteries that cause neuromuscular diseases and are very close to being able to stop them.

And, when I see a child's strength ebbing away or a young parent's life ending too soon, I need to cry.

But, on our Telethon, we quickly get back to the laughter and let it lighten our worries. Our show is loaded with comedians, singers, dancers, favorite personalities and other great entertainers to delight you.

One of these days - and it won't be that long - muscular dystrophy will fall victim to hope and determination. We'll have the last laugh, and it will be the best one ever.

So, whatever your plans are for Labor Day weekend, if they don't include the Telethon, cancel 'em. Get back on that couch. You'll learn, you'll think, you'll be amazed. You'll laugh - and you'll feel better.

Entertainer Jerry Lewis is the National Chairman of the Muscular Dystrophy Association and has been its number-one volunteer for more than 50 years. He'll star in the MDA Telethon Sept. 4-5. Check local listings for stations and start times.

El Dorado Neighborhood Block Party in September

Good food and friendly conversation will be part of the El Dorado Neighborhood Betterment Council's 13th annual *Block Party* to be held on Saturday, Sept. 24 from 12 noon to 4 p.m. at the intersection of Harness Avenue and Girard Street.

Crossword Puzzle Solution

S	K	Y	E		O	W	E		T	A	C	T
A	E	O	N		R	A	N		A	P	A	R
B	L	U	E	S	T	A	R		N	E	M	A
A	P	R	5	P	O	C	A	N		R	E	Y
					P	A	N		G	I	S	T
A	M	B	E	R		N	E	P	T	U	N	E
M	E	R	E		S	A	D		O	R	A	L
C	L	A	V	A	T	E		A	R	E	N	A
					S	E	A	R		C	H	M
T	B	S			L	A	I	U	S	H	T	A
E	R	A	T		T	A	R	T	A	R	U	S
A	E	R	O		U	N	I		C	E	N	E
K	A	D	I		M	A	A		P	I	E	T

FAMILY & COMMUNITY SERVICES CENTER

VISTACION VALLEY COMMUNITY CENTER, INC.

FCSC Open House
Friday, Sept. 23, 12 noon to 3 p.m.
at 161/159 Leland Ave.
Lunch will be provided.

Cantonese Kinship Support Group
Wednesday, Sept. 7 and 14
10 a.m. to 1 p.m. at 161 Leland Ave.
Lunch, childcare and incentive provided.

Cantonese Kinship Support Group
Graduation Day, Friday Sept. 21
2:30 to 5 p.m. at 161 Leland Ave.
Lunch and special



For more information, contact the staff of Family and Community Services Center:
Meriam T. Abalos, FCSC Director
Marichelle Punzalan, Assistant Coordinator
Steven Wong, Admin. Assistant
Tammie Lawrence, Outreach Worker
Joyce Boone, Family Counselor

Monday and Friday: 9 a.m. - 4:30 p.m.

Tuesday, Wednesday, Thursday: 9 a.m. - 7 p.m.

Saturday: 9 a.m. - 3:30 p.m.

Email: meriam_vvcc@sbcglobal.net

161 Leland Avenue

***Parents Support Group, Friday, Sept. 9**
5:30 to 6:30 p.m. at 161 Leland Ave.

***Meet and Eat Games and Activities, Friday, Sept. 9**
6:30 to 7:30 p.m. at 161 Leland Ave.

Dinner and childcare will be provided!

***Parent Education Workshop, Friday, Sept. 16**
Speaker: Randy Tanksley, Site Director, VVCC
How to Facilitate Their Children's Growth
5:30 to 7:30 p.m. at 103 Tucker Ave.

Dinner and childcare will be provided!

***Financial Elder Abuse Workshop, Wednesday, Sept. 21**
9 a.m. to 12 noon at 66 Raymond Ave. (VVCC Gym)

Lunch, childcare and special incentive will be provided!

***Fathers' Support Group, Thursday, Sept. 22**
1 to 2 p.m. at 161 Leland Ave.

Light refreshment will be provided!

***Parent Education Discipline Workshop, Friday, Sept. 23**
Speaker: Raquel Cunanan, Asst. Site Director, VVCC
5:30 to 7:30 p.m. at 325 Leland Ave.

Dinner and childcare will be provided!

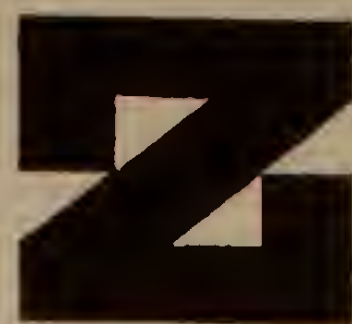
***Parent Education Workshop, Friday, Sept. 30**
Speaker: Sharon Lau, Site Director, VVCC
Cognitive and Motor Development
5:30 to 7:30 p.m. at 500 Raymond Ave.

***Domestic Violence Men's Class, Monday and Wednesday 6 to 8 p.m.**
Sept. 7, 12, 14, 19, 21, 26, 28 at 161 Leland Ave.

Dinner and childcare will be provided!

***Free Food Distribution, Monday, Sept. 12, 19 and 26**
3 to 4 p.m. at 161 Leland Ave.

(415) 586-6998 Fax 586-8027



ZEPHYR
REAL ESTATE

**Cathy Kline
Saunders**

Broker Associate

As you know, I have been the most successful realtor in Visitacion Valley for more than 20 years. I was born and raised in the Valley, and have successfully been representing buyers and sellers for years. I am also actively involved in neighborhood charities and community events.

**You know me! You can trust me!
I will help you prepare your home
so that you get top dollar.
For all your real estate needs,
I am *still* the person to call.**

I look forward to working with you.

Call Cathy at (415) 731-5000 Extension 163

215 West Portal Avenue, San Francisco, CA 94127